



# DO YOU WISH To Be A CHANGE MAKER?

*Join Us*

## CIVIL SERVICE GROOMING PROGRAMME

A joint venture of KRLCC,  
St. Albert's College (Autonomous)  
& St. Teresa's College (Autonomous)

## **CIVIL SERVICE GROOMING PROGRAMME**

Kerala Region Latin Catholic Bishops Council (KRLCBC) Commissions for Youth & Education together with St. Albert's College (Autonomous), Ernakulam initiated full time residential degree level Civil Service Grooming Programme (CSGP) for male students in 2017. In 2018, St. Teresa's College (Autonomous), Ernakulam joins the programme for female candidates. CSGP aims at imparting effective and wholesome grooming to a select number of youth to successfully face the Civil Service Examination and other similar higher level examinations. Students who participate in the programme are able to pursue their degree level studies as well as orient themselves to prepare for the civil service examination with financial assistance from KRLCBC commissions (Youth and Education), individual dioceses, St. Albert's College (Autonomous) and St. Teresa's College (Autonomous), Ernakulam.

### **MISSION**

To create in the students a positive, God-fearing and confident personality, which would empower them to withstand the modern educational, social and economic impediments and enable them to achieve the career of their interest.

### **GOAL**

To impart effective and wholesome training to a select number of youth from the Roman Catholic (Latin) Dioceses of Kerala & a few seats reserved for tribal and dalit students from outside Kerala to successfully face the Civil Service and other similar examinations.

### **PARTICIPANTS**

A group of 60 students, 4 (2 boys & 2 girls) each from Roman Catholic (Latin) Dioceses in Kerala and a few from the tribal and dalit areas outside Kerala, is chosen through a careful process after their Higher Secondary Studies. Selected students will take up a 3 year degree course of their choice in St. Albert's College (boys) and St. Teresa's College (girls). They will be given a three year intensive residential grooming for Civil Service, while they pursue their degree programmes.

## FUNCTIONING OF THE PROGRAMME

- KRLCC coordinates the programme with the participation of Commission for Youth and Education.
- St Albert's College (Autonomous) and St. Teresa's College (Autonomous), Ernakulam host the programme.
- Each candidate selected for the programme will continue to be accountable to his/her parent diocese. The diocese in turn takes continued responsibility for each of its candidates.
- Being a residential training programme there will be a coordinator and two regent brothers for boys & a coordinator and two sisters for girls for academic equipping and to accompany the trainees during their field trips.
- It is an integrated training which covers academic, intellectual, emotional, socio-spiritual and community involvement dimensions.
- The programme envisages a formation involving different levels and hence strict adherence to a rigorous schedule is required. Strict discipline with enough space for personal freedom and aspirations, as well as room for mature mutual dialogue will be expected.
- Being a fulltime residential programme, evening library hours, training sessions, extended hours of lab facility, weekend special programme plus Sunday exposure, will be arranged regularly.

## **ELIGIBILITY & REQUIREMENTS**

1. Above 75% marks in Plus Two.
2. Successfully clearing the selection process.
3. Merit based Admission in the colleges in General/ Community/ Management Quota.
4. A letter from the Diocesan Bishop.
5. Completed Catechism upto Plus Two.

## **FOCUS AREAS**

- Time Management
- Study and Memory Skills
- Listening and Concentration skills
- Communicative Skills
- Goal Achievement
- Group Dynamics
- Career Awareness
- Art of Public Speaking
- Training in Physical and Creative Work
- Reading Skills
- Power Dressing
- Mark Scoring Techniques
- Positive Thinking
- Stress Management
- Emotional Competence
- Leadership Training
- Research Methodology
- Soft Skills Training

## HIGHLIGHTS OF THE PROGRAMME



### **SPIRITUAL** EMPOWERMENT

Holy Mass  
Rosary  
Confession  
Recollection



### **SOCIAL** INVOLVEMENT

Community training  
Voluntary services  
Visits to villages  
Festive celebrations



### **INTELLECTUAL** DEVELOPMENT

Motivational talks  
Executive grooming  
Classes in specialized areas  
IT enabled training



### **PHYSICAL** TRAINING

Sports & Games  
Open Gym  
Annual Sports & Exhibition Matches  
Fitness Training Sessions



### **LEADERSHIP** TRAINING

Self management programmes  
Talent shows  
Individual roles  
Participative responsibilities



### **VACATION** TRAINING

Exposure programme in an interior  
village in North India with well  
known NGOs/Dioceses

## **EXPENSES OF THE PROGRAMME**

The total cost per student will be ₹1,30,000/ annually, which will cover boarding, lodging, college fee for aided courses, training costs, library and materials and expenses for training related travels. The selected students will be offered a subsidy of 70% of the total costs. Hence each student will be charged only ₹40,000/- each year. The Diocese, KRLCC and the host institution will share the remaining amount. Medical expenses, additional fees if they join for self financing courses and other unexpected expenses will be extra. The total costs per student will be ₹ 1,30,000/- annually, which will cover boarding and lodging, college fee for aided courses, training costs, library and materials and expenses for training related travels. Medical expenses, additional fees if they join for self-financing courses and other unexpected expenses will be extra. The selected students will be offered a subsidy of nearly 70% of the total costs. Hence each student will be charged only ₹ 40,000/- each year. The diocese will provide ₹ 40,000/- and the host institution will provide ₹ 40,000/- for each student each year as scholarship. KRLCC will provide a scholarship of ₹10,000/- for each student each year.

## **DEGREE PROGRAMMES AVAILABLE**

### **AIDED**

BA English | BA Economics | BCom Taxation | BSc Aquaculture  
BSc Botany | BSc Zoology | BSc Chemistry | BSc Industrial Chemistry  
BSc Mathematics | BSc Physics




### **SELF FINANCE**

BBA | BCom (Taxation) | BCom (Computer Application) | BSc Computer  
Science | BSc Industrial Fisheries

## EXECUTIVE BOARD MEMBERS

Fr. Thomas Tharayil (Deputy Secretary General, KRLCBC)  
Fr. Antony Arackal (Secretary, Education Commission, KRLCBC)  
Fr. Dr. Jiju Arakkathara (Secretary, Youth Commission, KRLCBC)  
Chev. Dr. Edward Edezhath (Board Member)  
Fr. Dr. Antony Thoppil [Chairman, St. Albert's College (Autonomous)]  
Fr. Christy David Pathiala [Vice Chairman, St. Albert's College (Autonomous)]  
Fr. John Christopher [Coordinator, CSGP, St. Albert's College (Autonomous)]  
Fr. Jenson Livera [Bursar, St. Albert's College (Autonomous)]  
Sr. Dr. Vinitha CSST [Manager, St. Teresa's College (Autonomous)]  
Sr. Emeline CSST [Director, CSGP, St. Teresa's College (Autonomous)]  
Sr. Dr. Suchita CSST [Coordinator, CSGP, St. Teresa's College (Autonomous)]  
Sr. Divina CSST [Asst. Coordinator, St. Teresa's College (Autonomous)]  
Dr. Alphonsa Vijaya Joseph [Principal, St. Teresa's College (Autonomous)]  
Dr. Bijoy V M [Principal, St. Alberts College (Autonomous)]  
Dr. Sabu M.C. [St. Albert's College (Autonomous)]  
Dr. Geo Jos Fernandez [Dean, Management, St. Albert's College (Autonomous)]  
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## FOR FURTHER INFORMATION

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