

## *Atmavinte Niravil - 2*

### **God the Son**



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# ***Atmavinte Niravil - 2***

**Faith Formation Series of Kerala Latin Catholic Church**

# **God the Son**



## MESSAGE



Preserving perpetually fresh the command of our Lord Jesus Christ to his apostles “*go into the world and proclaim the good news to the whole creation*” (Mk 16:15), the Church always holds in high esteem the Faith Formation, the essential element in the process of evangelization, as a means to keep alive the proclamation and transmission of the Word of God to the future generation.

Emphasizing the significance of catechetical ministry, St. John Paul II in his Apostolic Exhortation *Catechesi Tradendae*, exhorts: “*Quite early on, the name Catechesis was given to the totality of the Church’s efforts to make disciples, to help people believe that Jesus is the Son of God so that believing they might have life in his name and to educate and instruct them in this life, thus building up the Body of Christ*” (CT 1). Catechesis enables the faithful to inculcate God’s grace in their day today lives, to experience the invisible power of God through the celebration of the sacraments within the community and to bear witness to it with self-denial.

Noting the prime and vital role of the catechism texts in the Faith Formation process, KRLCBC’s (Kerala Regional Latin Catholic Bishops Council) Commission for Catechetical took a bold step in forming these texts in vernacular language from standard 1 to XII in the year 2007. The contents presentations of these texts are noteworthy and needs to be appreciated; its presentation is simple and elegant and used modern teaching techniques. Care has been taken to depict true beliefs along with the inclusion of the history of the Latin Catholic Church and the special characteristics of the sacraments. Sensing the need of the modern epoch, these texts are now translated into English, which further widens the scope of these texts. I pen down my sincere appreciation to the catechetical departments of Archdiocese of Trivandrum and Diocese of Calicut for initiating this venture. I also take this opportunity to congratulate Rev. Dr. Laurence Culas, Rev. Fr. Gracious Tony Nevez and Rev. Fr. Muthappan Appoli and their colleagues who helped in translation, correction, DTP and page layout.

I extend my good wishes to all the children who desire to deepen their faith through faith formation. May you like Jesus grow and become strong, be filled with wisdom and the favour of God be upon you’ (cf. Luke 2:40). Let God’s light shine upon each one of you!

**Trivandrum**  
**1<sup>st</sup> May 2018**  
**Feast of St. Joseph the Worker**

**Archbishop Soosa Pakiam M.**  
**President, KRLCBC**  
**Archbishop of Trivandrum**







## DEDICATION

All those who believers in Christ are constantly called to deepen their faith through faith formation, the essential phenomenon that molds a mature faith and enables the faithful to proclaim vigorously. Faith formation is indeed the prime and vital mission of the Church and therefore it is an essential moment in the process of evangelization (cf. *General Directory for Catechesis* 63; *Catechesi Tradendae* 18).

None in this cosmos remain as individual entities but as part and parcel of communities. As we are commissioned by Jesus “*to go into the world and proclaim the good news to the whole creation*” (Mark 16:15), we just cannot ignore our mission of being the proclaimers and protagonists of the Kingdom of God, which is based on truth and justice. As the members of Christ’s community we are obliged to live an exemplary life according to the Gospel.

Faith formation text books play a vibrant role in the formation of faith in the lives of faithful. Taking into consideration the significance of text books in faith formation, KRLCBC (Kerala Regional Latin Catholic Bishops Council), Commission for Bible and Catechesis did a wonderful work of creating text books in vernacular language from class 1 to XII. Deeming it as the need of the time, the Commission translated these text books into English, which is coordinated by the catechetical departments of Archdiocese of Trivandrum and Diocese of Calicut.

At this juncture, I deem it fit to place on record my heartfelt gratitude to Rev. Dr. Laurence Culas, Rev. Fr. Gracious Tony Nevez and Rev. Fr. Muthappan Appoli for their untiring works and leading role in carrying on this translation. I also thank all the translators for their strong will power and hard work. Hoping these text books would shape the characters of the students and teachers on the basis of gospel, I present these books happily for the use of everyone.

Kochi  
1<sup>st</sup> May 2018  
Feast of St. Joseph the Worker

Bishop Joseph Kariyil  
Chairman  
KRLCBC Commission for  
Catechetics



## MESSAGE

“To begin with, it is clear that the Church has always looked on catechesis as a sacred duty and an inalienable right. On the one hand, it is certainly a duty springing from a command given by the Lord and resting above all on those who in the new covenant receive the call to the ministry of being pastors. On the other hand, one can likewise speak of a right: from the theological point of view every baptized person, precisely the reason of being baptized, has the right to receive from the Church instruction and education enabling him or her to enter on a truly Christian life” (*Catechesi Tradendae* 14).

KRLCBC Commission for Catechesis, in its whole hearted efforts owning this mind of the Mother Church regarding catechesis, deemed it necessary to present the Catechism texts in languages more comfortable to the students. So, the translation of the current vernacular text into English and Tamil was included in the decennial plan presented in the Vallarpadam Mission Congress and BCC Convention as one of the primary objectives to be achieved. Moreover, constant plea from the part of students and their parents as well as the teachers necessitated this huge venture.

The great and praise worthy efforts invested by the Pastoral Ministry of Latin Archdiocese of Trivandrum under the direction of Rev. Dr. Laurence Culas and Rev. Fr. Muthappan Appoli and by the diocese of Calicut under the guidance of Rev. Fr. Gracious Tony Nevez towards the realization of this objective have been of immense worth. Their service to the formation of the new generation in the Latin Church of Kerala goes gratefully and proudly marked. This will go a long way to realize the specific aim of catechesis as St. Pope John Paul II says: “to develop, with God’s help, an as yet initial faith, and to advance in fullness and to nourish day by day the Christian life of the faithful young and old...Catechesis aims therefore at developing understanding of the mystery of Christ in the light of God’s word, so that the whole of a person’s humanity is impregnated by that word” (*Catechesi Tradendae* 20).

On behalf of the Chairman of the Commission for Catechetics and its members my heart overwhelms with great appreciation for and deep gratitude to all those who toiled to make this dream come true. May God bless them and reward them with the joy of seeing the new generations “to maturity to the measure of the full stature of Christ” (Eph 4:13).

Kochi  
1<sup>st</sup> May 2018  
Feast of St. Joseph, the Worker

Rev. Dr. Joy Puthenveetil  
Secretary  
KRLCBC Commission for  
Catechetics

## GRATITUDE

The word Catechesis, derived from the Greek word ‘*katekheisis*’ means ‘echo;’ implying that as catechists, we echo the teachings of Christ and of the apostles. Catechism texts, playing a vital and inevitable role throughout the faith formation process, must be biblically, theologically and doctrinally reliable and infallible; thus enabling us to proclaim with Jesus, “*My teaching is not mine but his who sent me*” (John 7:16).

KRLCBC (Kerala Regional Latin Catholic Bishops Council), Commission for Catechetics was authorized to consolidate the contents and to formulate catechism texts for the usage of the faithful of Latin Catholic Dioceses in Kerala. The principal task of this commission was to review and evaluate the biblical and theological contents and doctrinal accuracy of the texts for children and youth; as a result of which catechism texts for standard 1 to 12 was formulated in Malayalam and implemented for usage since 2007. Taking into consideration, the dire need of the modern era, now these texts are translated into English for further usage.

With appreciation we place on record our sincere gratitude to Archbishop Soosa Pakiam M, the President of KRLCBC and Bishop Joseph Kariyil, the Chairman, KRLCBC Commission for Bible and Catechetics and Rev. Dr. Joy Puthenveetil, Secretary, KRLCBC Commission for Catechetics. We are indebted to the translators for their competence and hard work, especially Miss Vera Moses for the translation of this text. We are also very thankful to all those who corrected the texts. A special thanks to Mrs. Reena Shabu, Mrs. Sahayamary Delvan, Ms. Francisca T and Mrs. Sophi Godfrey for DTP work, page layout and graphics and to Chackala printers.

Bringing the entire nations to Jesus and assisting everyone to have a personal relationship with him will take place only when we, the faithful deepen our faith through faith formation, have a very personal relationship with him, which in turn strengthens us to proclaim genuinely the message of the Gospel with joy and courage; and thus attracting the entire people to him. Let the light of Jesus reflect through these texts and let everyone who use this text be enlightened by his divine light.

Trivandrum and Calicut  
1<sup>st</sup> May 2018

Feast of St Joseph, the Worker

Rev. Dr. Laurence Culas  
Rev. Fr. Gracious Tony Nevez  
Rev. Fr. Muthappan Appoli





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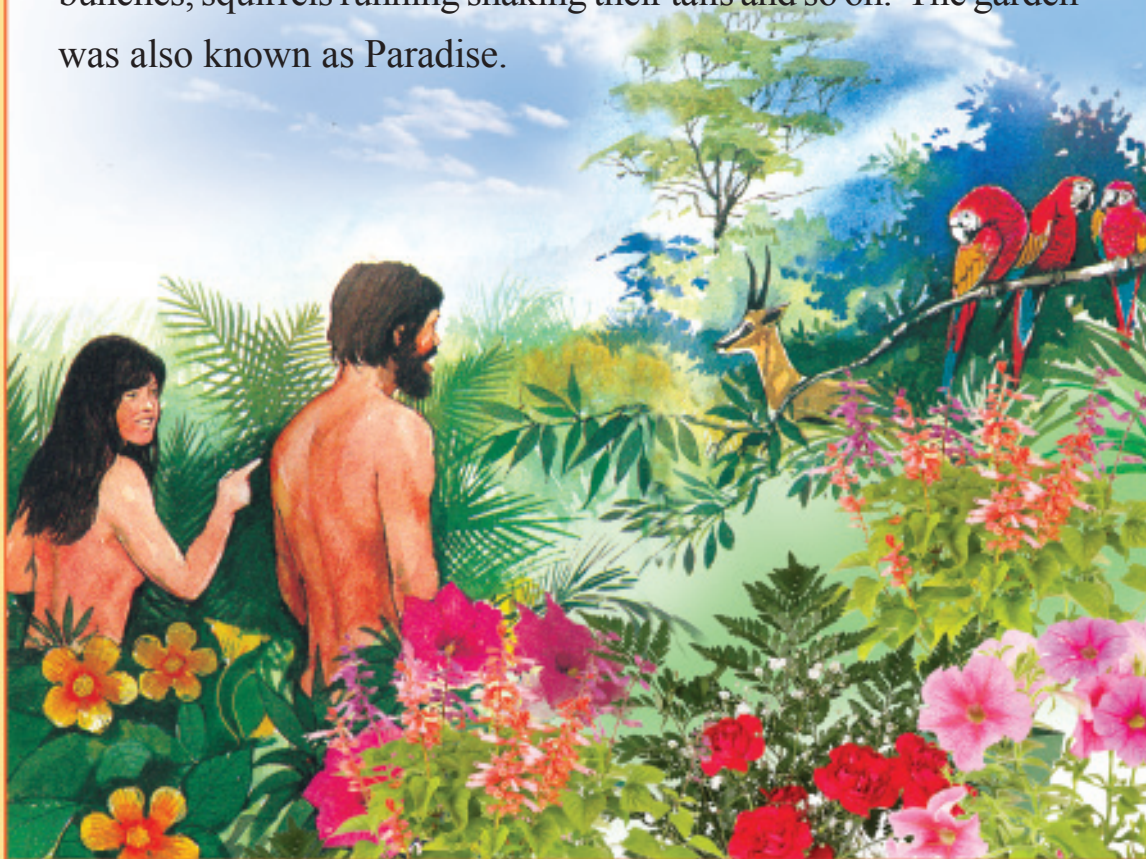
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# 1

## GARDEN OF EDEN

God made all things. Lastly God created human. He created human male and female. The man was named Adam and the woman was named Eve.

God made a garden in Eden for Adam and Eve. It was the most beautiful garden with smiling lilies, plump, ripe grapes hanging in bunches, squirrels running shaking their tails and so on. The garden was also known as Paradise.





God entrusted the Garden of Eden that  
He created to humans.  
Adam and Eve lived happily in the  
sacred Garden of Eden with God.

---

God created Adam and Eve in  
His image and likeness.

**Adam and Eve are  
our first parents.**

---

Everything was created by God.  
Human too was created by God.  
Adam and Eve are the first parents.  
God created them.  
Adam and Eve lived happily  
In the Garden of Eden  
with God.

Let us also live happily with God.





### Let us sing

Who made the sky, a tent for the earth?

The loving God, it is.

Who made the moon, a shining disc?

The kind God, it is.

Who made the feathers of the peacock's tail?

The creator of rainbow, it is.

Who made this beautiful earth?

The loving God, it is.

### Match the following

First Man		Paradise
Garden of Eden		Creator
First Woman		Adam
God		Eve



**Complete the picture and colour it**



**Let us remember the Word of God**

“So God created humankind in his image, in the image of God he created them; male and female he created them”  
(Genesis 1:27).



### **Let us pray**

Dear Lord, creator of the universe,  
we thank You.



### **Let us pledge**

Using the talents God has given me,  
I will make  
a garden in my compound.



### **Practice good works**

I will speak of God's love to my friends.



### **Let us find the answers**

1. Who are the first parents?
2. For whom did God prepare the Garden of Eden?
3. Who created us?
4. What is the name for the Garden of Eden?
5. In whose image and likeness did God make humans?



## 2

## FORBIDDEN FRUIT

There was joy everywhere in the Garden of Eden. Cuckoo's sang, peacocks spread their tails and danced, tiger cubs and the fawns of deers played together. The joy of Adam and Eve knew no bounds.

Fruits sweet as honey to eat...

Nectar of flowers to nibble..

Creepers to swing on for sport!

In this way everything they required were provided. It was God who gave them what they required.

In the middle of the garden there were two trees. One tree was the Tree of Life and the other Tree of Knowledge. God pointed at the second tree and said "You are free to eat of every tree... but of the Tree of Knowledge of good and evil you shall not eat."

But Adam and Eve ate the forbidden fruit and sinned against God.

**Violation of God's commandments is sin.**

**Rejection of God's love is sin.**



By eating the forbidden fruit Adam and Eve  
disobeyed God.  
Satan led them to sin.

**When we sin, we reject the love of God;  
we go away far from God.**

**Let us obey God.  
Let us stay away from sin.**





### Let us sing



Grow up obedient  
Grow up affectionate  
Grow up doing good to the country  
Good children to be.  
  
Grow up humble  
Grow up being pleasant  
With the light of compassion  
Move forward.

### Let us find the answers

1. Who did live happily in the Garden of Eden?
2. Name the trees in the middle of the Garden.
3. Who did mislead Adam and Eve?
4. What is sin?
5. When we sin, from whom do we turn away?

**Whom will you obey?  
(Match the following)**

**I will obey**

Mother

Satan

Father

Teacher

Priest

Elders

**Look at the pictures and tell the story**



**Let us fill in the blanks**

**The ways God chose to come to us**

1. Through our parents
2. ....
3. ....
4. ....
5. ....



**Let us remember the Word of God**

“Just as sin came into the world through one man  
and death came through sin”  
(Romans 5:12).





### Let us pray

Dear God, it is my desire to  
obey You. Help me to keep your  
commandments and grow  
in your love.



### Let us pledge

God who created me.  
I will live obeying the  
Word of God.

### Practice good works

Praise God when you wake up in the morning.

### The Ten Commandments

1. I am the Lord your God, you shall not have any other gods beside me.
2. You shall not take the name of your God in vain.
3. Remember to keep the Sabbath holy.
4. Honour your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbour.
9. You shall not covet your neighbour's wife.
10. You shall not covet your neighbour's goods.

**These Ten Commandments are summarized in two commandments**

- 1. Love God above all things.**
- 2. Love your neighbour as yourself.**

## 3

## The Paradise lost through Sin

One day God came to the Garden of Eden to visit Adam and Eve. When they heard God's footsteps, they trembled. Having sinned, they were afraid to face God. They hid themselves among the trees of the garden. They felt ashamed of themselves. They sewed fig leaves together and made clothes to cover their nakedness. God grieved because Adam and Eve had turned away from Him. God punished Adam and Eve for their disobedience.





They were driven out  
of the Garden of Eden.  
With it they lost all  
their happiness.



But God had pity on  
Adam and Eve.  
He promised them a  
Saviour.



**God is a loving  
Father.**

**He does not  
despise sinners.**



When we sin we go away from God. God is pained when we turn away from Him. But God comes in search of us. He shows us mercy. He saves us from sin. Let us turn away from sin and stand united with God.



### Let us sing

Be careful, dear friend  
Be careful not to sin  
Keep the path of obedience  
Do not go astray.  
In the Garden of Eden  
Adam and Eve went astray  
And from the Garden of Eden  
God sent them away.

### Let us find the answers

1. Who came to the Garden of Eden to see Adam and Eve?
2. Why were Adam and Eve afraid to face God?
3. Where did Adam and Eve hide?
4. What did Adam and Eve experience when they sinned?
5. What clothes did Adam and Eve make to wear?
6. Why did God feel sad?
7. Why did God punish Adam and Eve?
8. What did God promise Adam and Eve?



## FIND OUT THE RIGHT PATH



### Choose from the Word Bag

Choosing words from the Word Bag write words that denote things of God in the left column and the things of Satan in the right column.

GOD	WORD BAG	GOD	SATAN
	DECEIT	KINDNESS	
	SOLACE	ANGER	
	LOVE	HATE	
	ENVY	HELP	
	OBEDIENCE	SIN	
	PEACE	INJUSTICE	
	VIOLENCE	UNITY	
	SELFISHNESS	HUMILITY	
	PURITY	IMPURITY	



## Let us remember the Word of God

“The Lord is good;  
His steadfast love endures forever  
and His faithfulness to all generations”  
(Psalms 100:5).



## Let us pray

Dear Lord, we thank you because you  
promised to send us the Saviour.



## Let us pledge

Just as God is merciful to me,  
I will show mercy to all.



## Practice good deeds

Always respect parents,  
priests, sisters, teachers and elders.

# 4

## The Good News

Adam and Eve could not see the Saviour. Their descendants filled the earth. Wickedness spread throughout the land. Theft, deceit and hypocrisy were prevalent among the people. The world waited with anticipation for the Saviour. God decided to send His Son to the world.



One day God sent Angel Gabriel to a virgin in Nazareth. Her name was Mary. She was engaged to Joseph of the house of David.

Angel Gabriel came to Mary when she was immersed in prayer. At that moment a dazzling light spread in the room. The Angel greeted her:



“Hail Mary! Full of Grace. The Lord is with you.”

Mary was troubled.

To calm her Angel said:

“Do not be afraid, Mary, for you have found favour with God.

Now you will conceive in your womb and bear a Son.

You will name Him Jesus.

He will be great and will be called the Son of the Most High.”

When Mary heard the words of the Angel, she said:

“Here am I, the servant of the Lord.

Let it be with me according to your word.”

Then the Angel departed from her (Luke 1:26-38).

**Annunciation**  
**is the announcement that**  
**God will be born as Saviour**  
**on earth.**

**This message was give**  
**to Mary by Angel Gabriel.**





Mary who was chosen to become the Mother of the Saviour had found favour with God. She was found worthy to become the Mother of the Saviour because of her faith and humility. Have you forgotten the words spoken by God to Adam and Eve?

Did He not promise to send a Saviour?

Angel Gabriel announced to Mary the coming of the Saviour.

### **Let us sing**

Hear, O hear the announcement  
Hear the good new  
On earth will be born a baby  
From heaven He'll descend.  
Let us await His coming  
With faith, hope and love  
Let us welcome Him with flowers  
He, who from heaven descends.



### **Let us find the answers**

1. What was the state of the earth after the death of Adam and Eve?
2. Who did God send to Nazareth?
3. To which house did Joseph belong?
4. What did the Angel greet Mary?

5. How did the words of the Angel affect Mary?
6. What did the Angel tell Mary to calm her?
7. What was Mary's reply to the Angel?
8. What do you mean by 'The Annunciation'?

**Colour the picture**





### Match the following

Angel Gabriel		Joseph
Mary		Archangel
House of David		Virgin from Nazareth
Saviour		Word of God
Became flesh		Jesus

### Let us remember the Word of God

Mary said to the Angel: “How can this be, since I am a virgin?” The Angel said to her: “The Holy Spirit will come upon you and the power of the Most High will overshadow you; therefore, the child to be born will be holy; he will be called the Son of God” (Luke 1:34-35).



### Let us pledge

Just like Mary I will always  
do the will of God.



### Practice good works

Collect pictures of Holy Mary  
and make an album.

The page features a decorative border. At the top corners, two cherubs with wings and halos are depicted, each holding a bouquet of flowers. The border is adorned with pink cherry blossoms and a yellow and red zigzag pattern. The background of the page is a light blue sky with soft white clouds.

## **The Angelus**

The Angel of the Lord declared to Mary.  
And she was conceived of the Holy Spirit.

(1 Hail Mary)

Behold the handmaid of the Lord.

Be it done to me according to your  
word.

(1 Hail Mary)

And the word was made flesh.

And dwelt among us.

(1 Hail Mary)

Pray for us, O Holy Mother of God.

That we may be made worthy of  
the promises of Christ.

(1 Hail Mary)

### **Let us pray**

Pour forth, we beseech You, O Lord, Your  
grace into our hearts, that we, to whom the  
incarnation of Christ, Your Son, was made  
known by the message of an angel, may by  
His passion and cross be brought to the glory  
of His resurrection through the same Christ  
our Lord.

Amen.

(3 Glory be )

# 5

## Coming of the Saviour

It was a foggy night. A group of shepherds were sleeping by the slope of the hill. Suddenly they saw a heavenly light.

They were afraid. God's messenger said to them:

**“Do not be afraid; for see - I am bringing you good news of great joy to all people: To you is born this day in the City of David, a Saviour, who is the Messiah, the Lord” (Luke 2:10-11).**





And suddenly there was with  
the Angel a multitude of angels praising God.

**“Glory to God in the highest  
On earth peace among those whom he favours.”**

This was the Angel’s message.



The shepherds bubbling with joy  
went to see the baby.

Where they reached there was a stable. There they saw the divine child lying in a manger. The baby appeared like a star that had fallen on the earth. They found Mary and Joseph with the child. The shepherds knelt in adoration before the baby. Praising God they returned. They informed this Good News to many people.

ഈശോ എന്ന പേരിന്റെ അർത്ഥം രക്ഷകൻ എന്നാണ്.

ദൈവം അയയ്ക്കാമെന്നു വാഗ്ദാനം ചെയ്ത  
രക്ഷകനാണ് ഈശോ



Jesus was born more than 2000 years ago. Christmas is the day of His birth. Christmas is celebrated on 25<sup>th</sup> December. Jesus was called Immanuel which means “God is with us” (Matthew 1:23).

Let us celebrate Christmas in a worthy manner. God is always with us.



### Let us sing

The cock crows  
The birds sing  
The stars twinkle.  
And a new star shines in the sky.  
And in the stable is born  
The Divine Saviour.  
The tears on earth to wipe  
Baby Jesus is born.

### Let us find the answers

1. Where was Jesus born?
2. What did the shepherds feel when the angels appeared to them?
3. What was the message given to the shepherds by the Angel?
4. What did the shepherds see when they reached Bethlehem?
5. What did the shepherds do when they returned after adoring the Baby?

### Find the way to the crib





### **Act it out?**

Wise men from the East come to Jerusalem.  
They went to the palace of King Herod and enquired of the baby  
born, King of the Jews for they had seen his star.  
When King Herod heard this, he gave orders to kill the child. But  
Joseph and Mary took Jesus and escaped to Egypt.

(ref. Matthew 2:1-5)

### **Let us complete the following**

You may complete the following with words related to Christmas





### **Let us remember the Word of God**

“To you is born this day in the city of David, a Saviour,  
who is the Messiah, the Lord” (Luke 2:11).



### **Let us pray**

Dear Baby Jesus, born in a stable,  
teach me to do good to others.



### **Let us pledge**

No one gave Jesus a place to be born.  
But I will help all those who come  
to me for help.

### **Practice good works**

I will share my food  
with a hungry child.

# 6

## Boy Jesus

**Jesus grew up in Nazareth,  
a town in Galilee**

Jesus always obeyed Mary, his mother and Joseph,  
his foster father.

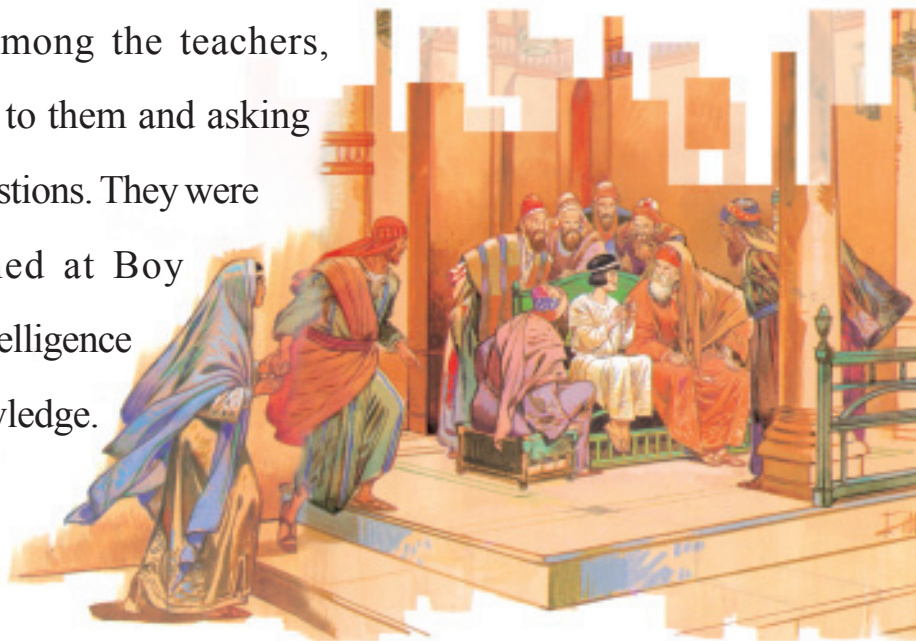
He assisted His father who was a carpenter.  
He learned Holy Scriptures. He was good to everyone.  
He behaved well. He joined his parents in daily prayers.





When He was twelve years old, Jesus went with His parents to Jerusalem for the feast of Passover. When the festival was over people started to return home. On the way Mary and Joseph missed Jesus. The parents were worried. They returned to Jerusalem to look for him. After three days of search, they went to the temple. What did they see? They saw Jesus

sitting among the teachers,  
listening to them and asking  
them questions. They were  
astonished at Boy  
Jesus' intelligence  
and knowledge.



His mother said to him: “Son, why have you treated us like this. Look, your father and I have been searching for you in great anxiety.” He said to them: “Why were you searching for me? Did you not know that I must be in my Father’s house?” Then He went with them to Nazareth and was obedient to them (Luke 2:41-52).



**It is because Jesus grew up in Nazareth that he was called 'Jesus of Nazareth.'**

**Jesus grew up in favour of God and humans.**

Jesus grew up in Nazareth in Galilee. Jesus was always engaged in His Father's business. Jesus was obedient to His parents. Jesus grew up in the favour of God and humans. Let us too live in the favour of God, parents and everyone.



### **Let us sing**

The Boy Jesus is not lazy,  
No hesitation to work, has he  
In His father's workshop,  
With sweat running down he works,  
Mary's Boy Child is he.  
Like this wonderful child,  
A helping hand at home,  
Let us also be.



### Let us find the answers

1. In which town did Jesus live?
2. How did Jesus help his parents?
3. How old was Jesus when he went for Passover with his parents?
4. What did Mary and Joseph see in the temple?
5. Why were those in the temple along with Jesus astonished?
6. Why was Jesus known as a 'Nazarean'?

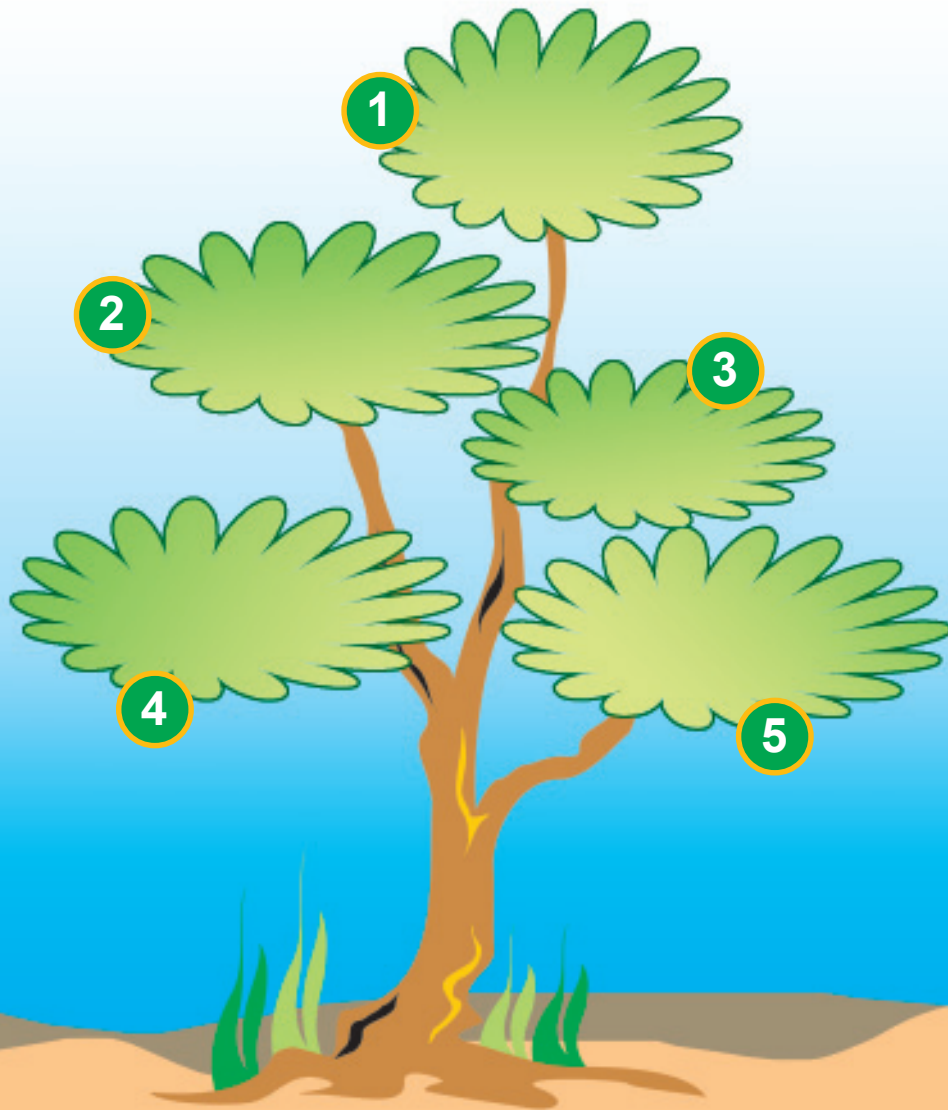
### Complete the picture

Join the dots from 1 to 21 and see the image of a person?





Find out correct answers and write them in the leaves



- |   |                             |
|---|-----------------------------|
| 1 | God's dwelling place        |
| 2 | Town where Jesus grew up    |
| 3 | Carpenter                   |
| 4 | Meaning of the name 'Jesus' |
| 5 | Jesus was lost              |

- |          |
|----------|
| 12 years |
| Joseph   |
| Saviour  |
| Nazareth |
| Church   |



### **Let us remember the Word of God**

“Jesus increased in wisdom and in years and in divine and human favour” (Luke 2:52).



### **Let us pray**

Heavenly Father, grant us the grace to grow up as good children, loving and obeying our parents.



### **Let us pledge**

Just like Jesus I too will participate in family prayers.

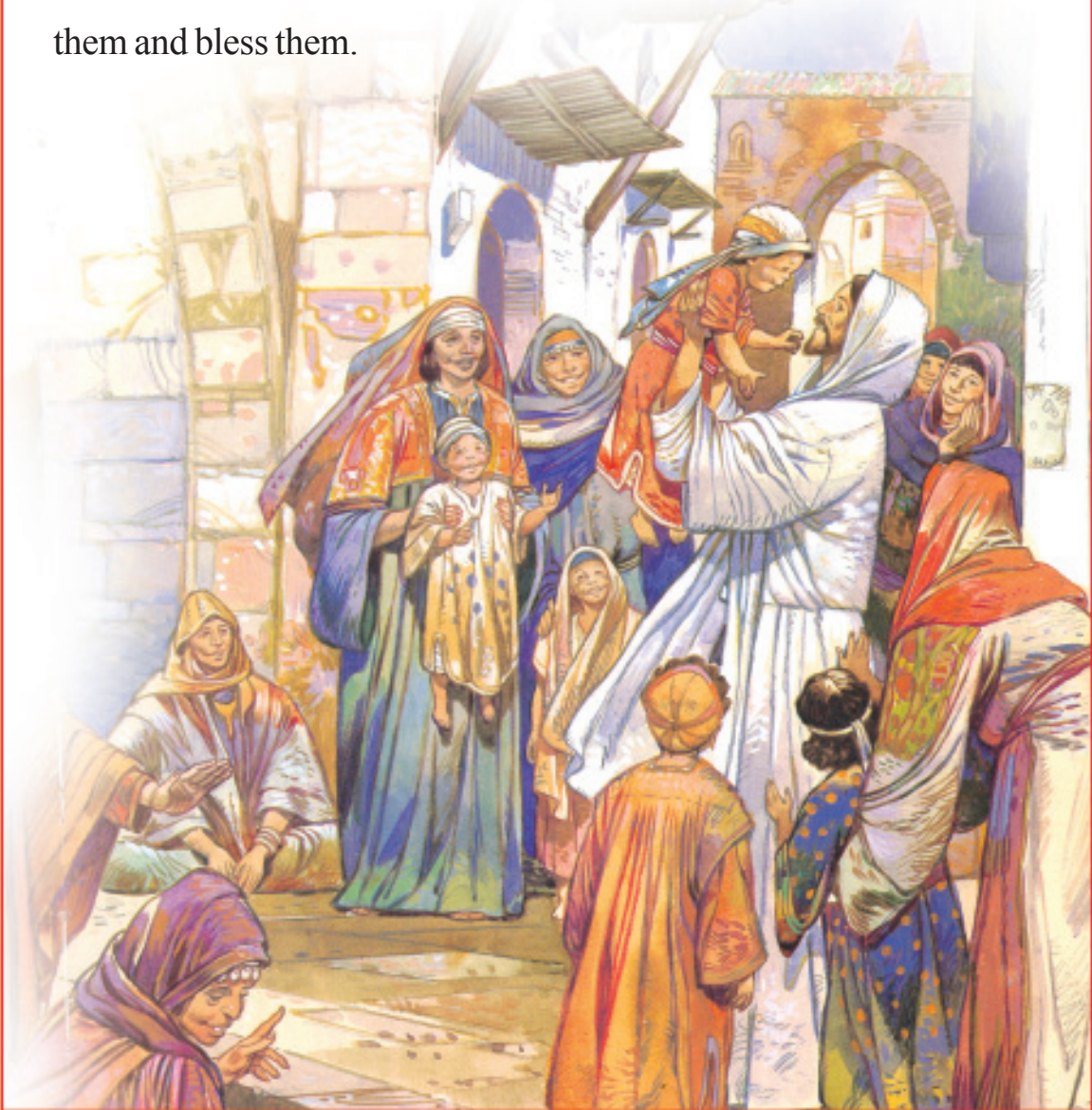
### **Practice good works**

Help parents with household work.

# 7

## Jesus and Children

Jesus loved children very much. Once many parents brought their little ones to Jesus. They desired Jesus to lay His hands over them and bless them.





But the disciples of Jesus prevented them. Then, Jesus called the disciples and said to them: “Let the little ones come to me, do not stop them; for it is to such as these that the Kingdom of God belongs.”


Jesus took them up in His arms, laid His hands on them and blessed them (Mark 10:13-16).

**Children are the gift of God (Psalms 127:3).**

**Little children, you are from God (1 John 4:4).**

**Little children should grow up as good children like Infant Jesus.**



A decorative border of purple orchids with yellow centers frames the central text area.

At that time the  
disciples came to Jesus and asked:  
“Who is the greatest in the  
Kingdom of Heaven?”  
He called a little child whom He  
put among them  
and said: “Truly I tell you, unless  
you change and  
become like children, you will  
never enter the  
Kingdom of Heaven. Whoever  
welcomes one such  
Child in my name welcomes me”  
(Matthew 18:1-4).

**We should grow as useful children  
to our family and country.**

We should try to walk in the path of  
light. What do you think? Do you not  
desire to gift a bit of light to the world?  
From childhood onwards let us try to  
grow rooted in such good practices.

## Let us remember the Word of God



At that time Jesus said: “I thank You, Father, Lord of heaven and earth because You have hidden these things from the wise and the intelligent and have revealed them to infants” (Matthew 11:25).

## Let us sing



A friend of little children, is he,  
A friend we cannot see.  
A friend who is in earth and heaven,  
A friend too good is Jesus.  
A singer who wipes away the tears, is he,  
A singer who forgives sins, is he,  
A singer who loves the sinners,  
A singer too good is Jesus.

## Let us pray



Dear Jesus, friend of little children, forgive us the wrongs we do without knowing and guide us in the path of righteousness.





### Let us pledge

I will grow like a lamb,  
the apple of His eye.

### Colour the picture



### **Practice good works**

I will be a loving and disciplined  
friend to my neighbours.



### **Make an album**

Collect different pictures of Infant  
Jesus and make an album.

### **Let us find the answers**

1. Why did the mothers bring the little children to Jesus?
2. What did the disciples do when they saw the children?
3. What did Jesus tell the disciples?
4. Where in the Bible is it said “Children are a gift”?
5. Who are the little stars that light up the family?
6. What special reminder does Jesus give us?
7. Who said: “Unless you become like little children,  
you will never enter the Kingdom of heaven.”?

## 8

# Miracles of Jesus

The world is full of wonders. The moon, the stars, the flowers, the butterflies are all miracles of God.

**Jesus worked many miracles.**

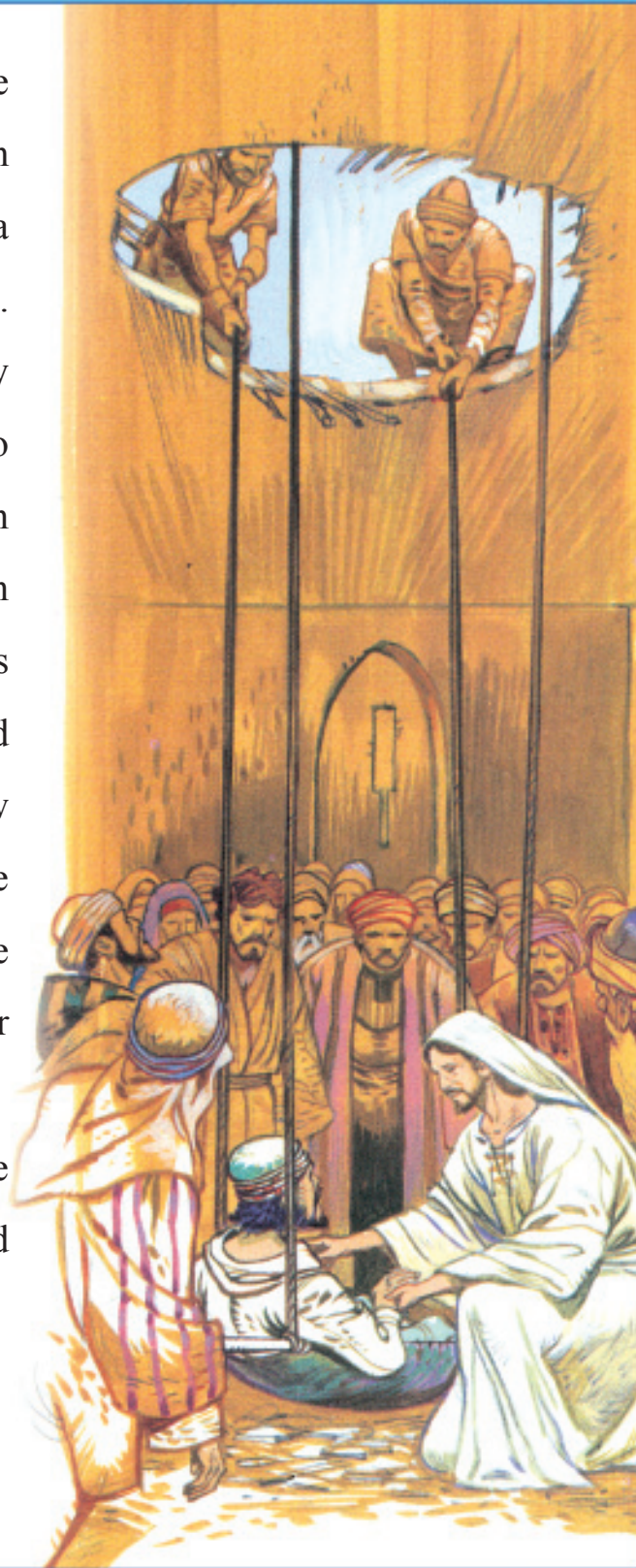
**His miracles revealed to the world that  
He is the Son of God.**



Once a leper came to Jesus. He knelt before Jesus saying: “Lord, if You wish, You can make me clean.” Jesus stretched out His hand and touched him saying, “I do wish, be clean!” A miracle! Immediately, he was cleansed of his leprosy (Luke 5:12-13).



One day Jesus was in a house teaching people. Just then some men came carrying a paralyzed man on a bed. Owing to the crowd, they found no way to bring him to Jesus. So they went up on the roof and let him down with his bed through the tiles into the middle of the crowd in front of Jesus. Jesus saw their faith and said: "Take heart, son, your sins are forgiven. Stand up, take your bed and go to your home." A miracle! Immediately, he stood up, took his bed and went home (Luke 5:17-25).



Jesus changes water into wine at Cana.

Mary said to Jesus: ‘Son, they have no wine.’

Mary told the servants: “Do whatever He tells you.”

Jesus said to the servants: “Fill the jars with water.” They filled them. Jesus changed the water into wine. The steward tasted the water changed into wine. He said to the bridegroom: “You have kept the good wine until now” (John 2:1-11).

**Jesus worked many miracles.**  
**Miracles were signs that He is the Son of God.**





God has worked many wonders for people.  
We ought to be grateful to God. Jesus touched  
and healed the sick. Like Jesus, we too ought  
to show mercy. We ought to care for the sick  
and pray for them. Then when we face  
difficulties Jesus will be there to help us.



### **Let us sing**

You who gave sight to the blind,  
You who gave hearing to the deaf,  
You who wiped away  
the tears on earth,  
O Holy One, we worship You.

You who comforted the sick,  
You who much suffering endured,  
You who are the Way and Life,  
At Your feet, we prostrate.





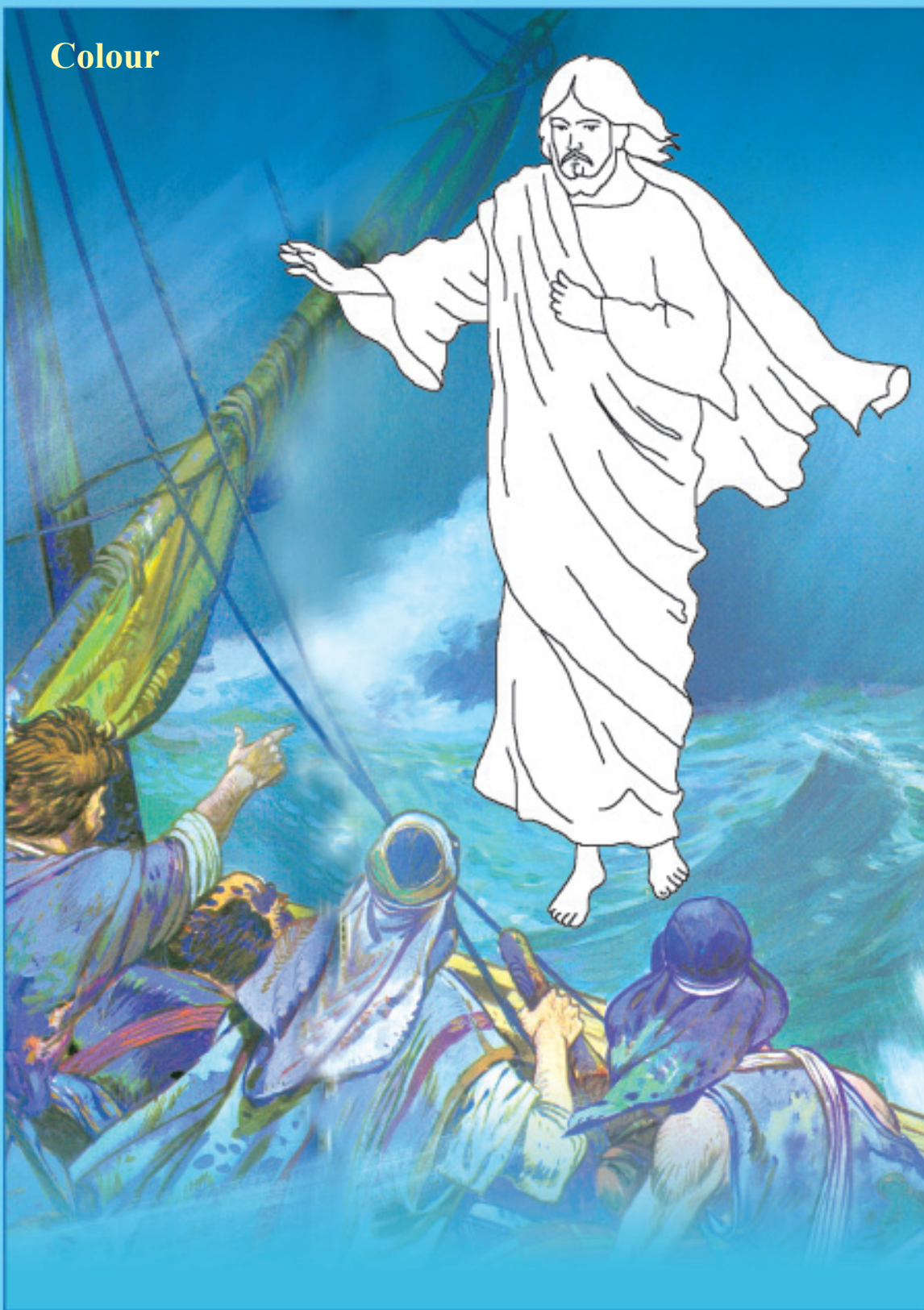
### **Let us find the answers**

1. What did the leper tell Jesus?
2. What did Jesus tell the leper?
3. How did the men bring the paralyzed man to Jesus?
4. What did Jesus tell the paralyzed man?
5. What miracle did Jesus do at Cana?
6. What is the sign of the Kingdom of God?

### **Write the miracles performed by Jesus on the balloons**



Colour





### **Let us remember the Word of God**

“Be merciful, just as Your Father is merciful” (Luke 6:36).



### **Let us pray**

Merciful Father, grant us the grace to share the sorrows of others and be of help to them.



### **Let us pledge**

I will help the sick and the aged.

### **Practice good works**

Pray every day for the sick.



## 9

## Parables of Jesus

Once ten bridesmaids took their lamps and went to meet the bridegroom. Five of them were foolish and five were wise. The wise took flasks of oil with their lamps. The bridegroom was delayed. It was midnight when he arrived. The wise bridesmaids trimmed their lamps and went to welcome the bridegroom. The foolish bridesmaids had no oil with them, so they could not trim their lamps. As they had to go to buy oil, they were unable to welcome the bridegroom. So they were left out of the wedding banquet (Matthew 25:1-13).

Jesus told this parable to remind us to perform our duties with responsibility and prudence.



Jesus told many parables. Jesus' parables are famous. Jesus told parables for ordinary people to understand things easily.

**Through parables, Jesus taught the people to love God and to love their neighbour.**

### **Some of the parables told by Jesus**

**Parable of the Good Samaritan**  
(Luke 10:25-37)

**Parable of poor Lazarus**  
(Luke 16:19-31)

**Parable of Prodigal Son**  
(Luke 15:11-32)

**Parable of ten talents**  
(Luke 19:12-27)

### **Parable of the Good Samaritan**

Once a Lawyer asked Jesus: "Who is my neighbor?"

In reply, Jesus told a parable.

Once a traveller fell into the hands of robbers. They stripped him, beat him and went away leaving him half dead, in pain.



A Jewish priest went that way. A Levite too passed by. They did not take notice of him. Then a Samaritan came that way. He saw him, bandaged his wounds and admitted him in an inn. He gave the Innkeeper two Denairi and said: "Take care of him. When I come back I will repay you whatever more you spend." "Which of these three do you think was a good neighbour to the man?" The lawyer answered: "The one who showed him mercy." Jesus said to him: "Go and do likewise" (Luke 10:25-37).

**Jesus taught through parables.  
Therefore, the listeners understood everything easily.**



God desires that we perform  
our duties well.

We love God, when we do  
good to our neighbours.

Let us love our neighbours just like  
the good Samaritan.

Let us comfort the sorrowful.



### Let us sing



Jesus' parables  
Wonderful parables  
Pathfinder for people  
Jesus' parables.  
To make blessed  
Earthly living,  
Jesus' parables,  
We must study.

### Let us find the answers

1. Why did Jesus speak in parables?
2. What happened to the foolish bridesmaids?
3. What did the robbers do to the traveller?
4. Who were the men, passed by the wounded man, without helping him?
5. Who did held the wounded man?
6. Finally, what did Jesus tell the lawyer?

### Let us find the correct answers

1. To whom did Jesus speak in parables?  
☐ Disciples   ☐ Ordinary people   ☐ Tax collectors
2. What did the ten bridesmaids bring with them?  
☐ Stars   ☐ Flowers   ☐ Lamps
3. Who was the neighbour to traveller?  
☐ Levite   ☐ Priest   ☐ Samaritan
4. Where was the wounded traveller taken to?  
☐ Inn   ☐ House   ☐ Church

**Colour**



**Share your experiences**

Can you share an incident where you acted like  
the Good Samaritan?



## Let us remember the Word of God

“Love your enemies. Do good to those who hate you. Bless those who curse you. Pray for those who abuse you” (Luke 6:27-28).



## Let us pray

Merciful Father, grant us the grace to have compassion on the afflicted just as the Good Samaritan had pity on the wounded traveler.



## Let us pledge

I will love everyone. I will take care not to get angry with anyone.



## Let us perform good works

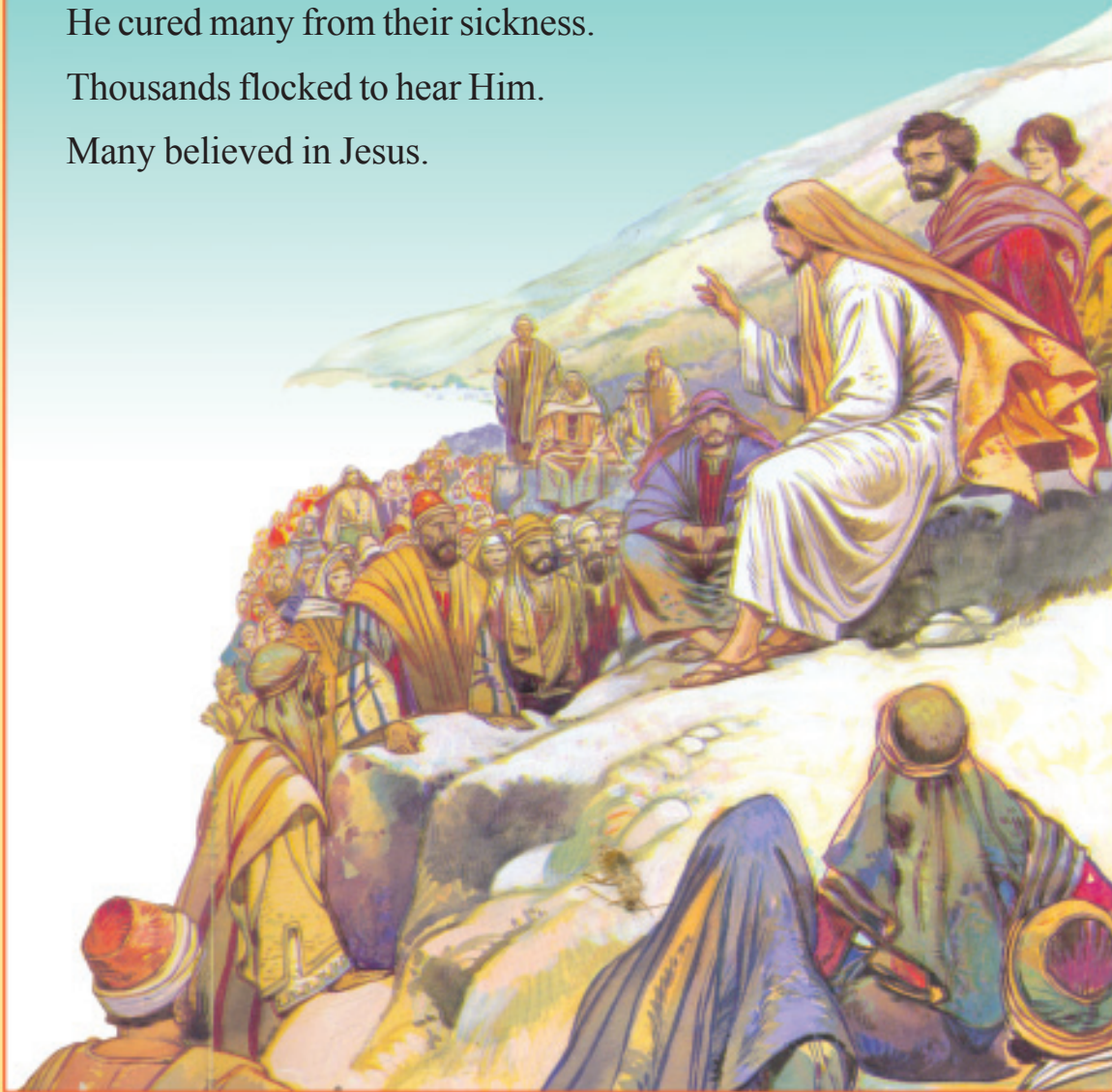
I will help others to study.



# 10

## Jesus Dies for Us

Jesus performed many miracles.  
He taught through many parables.  
He cured many from their sickness.  
Thousands flocked to hear Him.  
Many believed in Jesus.



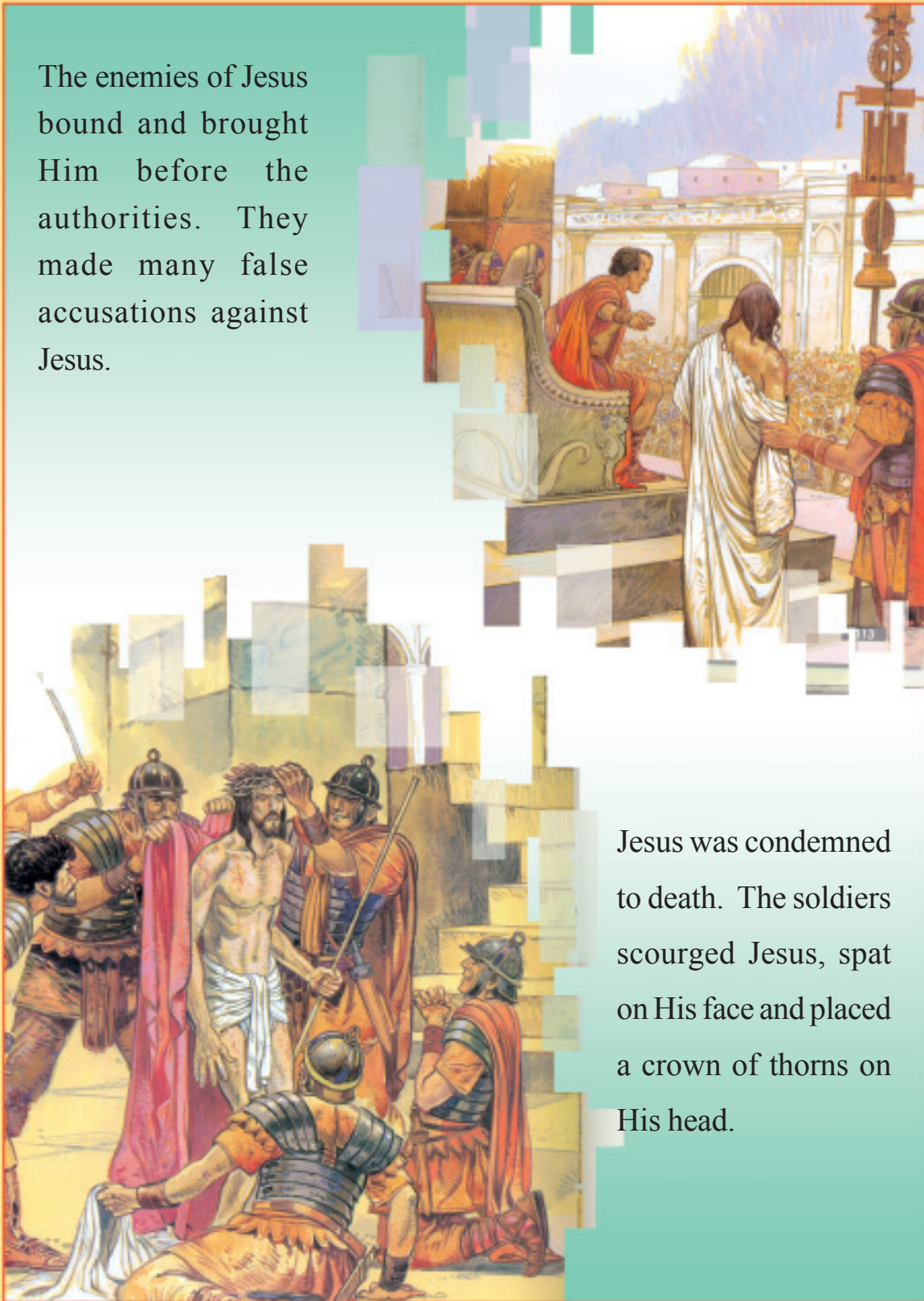
The Jewish priests and elders did not appreciate this. They feared that if this continued the people would proclaim Jesus, King of the Jews. They were filled with jealousy and hatred. They thought of many ways to kill Jesus.

Then, one of Jesus own disciples, called Judas Iscariot, went to the priests and said: “What will you give me, if I betray Him to you?” They paid him thirty pieces of silver. Judas agreed to betray his own Master (Matthew 26:14-18).





The enemies of Jesus bound and brought Him before the authorities. They made many false accusations against Jesus.



Jesus was condemned to death. The soldiers scourged Jesus, spat on His face and placed a crown of thorns on His head.



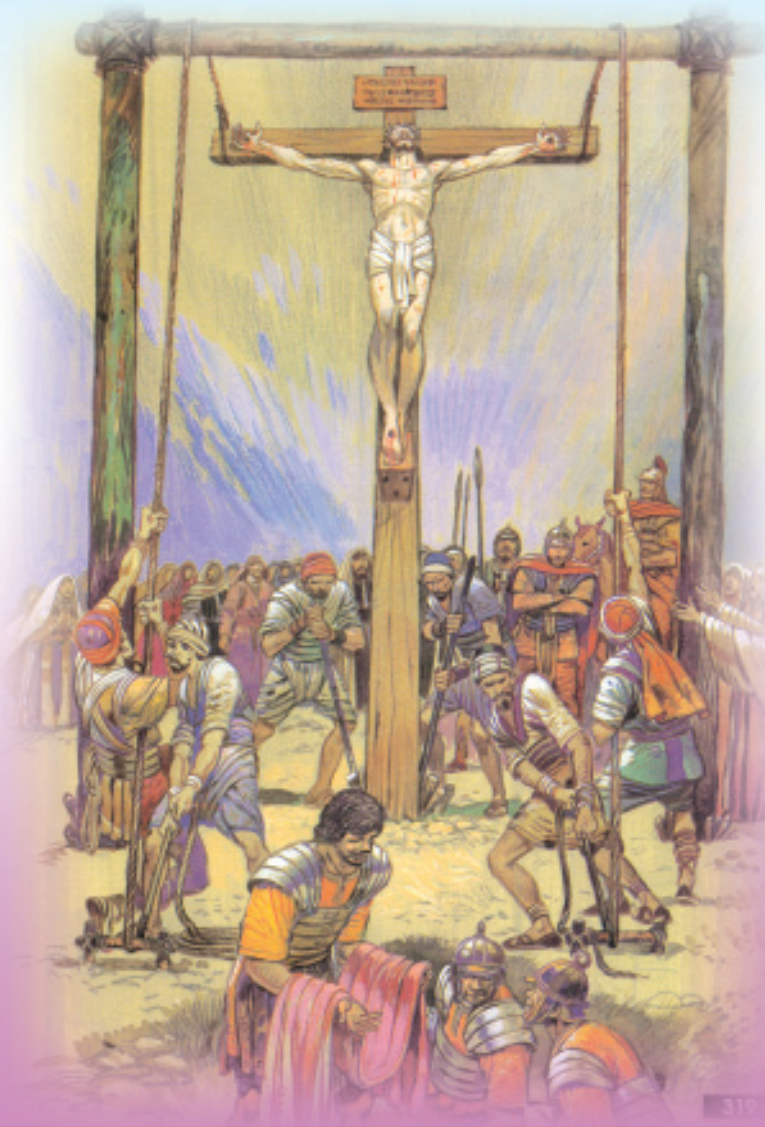
Then the soldiers led Jesus carrying His own cross to Golgotha. On the way, Jesus fell, unable to bear the weight of the cross. Then the soldiers whipped Him. Jesus bore the sufferings silently.

When they reached the top of the hill, they stripped Jesus of His garments and with big iron nails, nailed His hands and feet to the cross. Then raising

the cross, they left Him to die. Two other criminals were also crucified, one on His right and one on His left side.

An inscription was put on Jesus' cross.

It read: **“Jesus of Nazareth, King of the Jews.”**



While hanging on the cross,  
Jesus prayed for those who crucified him:  
**“Father, forgive them, for they  
do not know what they are doing.”**

Afterwards, Jesus died.  
It was a Friday.  
It was the first Good Friday.

**Jesus died on the  
cross to save us.**  
**Avoid committing  
sin to love Jesus**



Cross is the sign of love and suffering.  
We ought to love others and undergo sufferings for them.  
Jesus suffered in atonement for our sins.  
Every sin we commit hurts Jesus.  
Jesus likes us to be good children.  
So avoid sinning.

### Let us sing

To save us sinners,  
To show humans the way  
Carrying the cross, He grew tired  
Merciful Jesus, Master and Lord.

To bestow peace on people  
To change earth to heaven  
Hanging on the cross, He suffered.  
Loving Jesus, Master and Lord.

To shower blessings on the blameless  
To get justice for the suffering,  
On Calvary He died,  
Lord Jesus, Son of God.

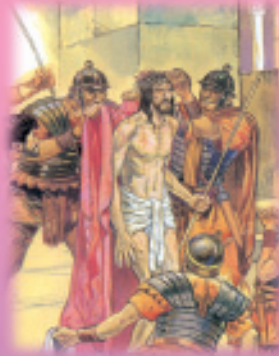


### Let us find the answers

1. Who did not appreciate the good works done by Jesus?
2. Who betrayed Jesus?
3. What price did the betrayer get for betraying Jesus?
4. How did the soldiers mock Jesus?
5. What was the inscription on Jesus' cross?
6. What was Jesus' prayer for his enemies while on the cross?
7. On what day was Jesus crucified?



**Look at the pictures given below and name the suffering of Jesus in each picture**



### **Preffession of Faith**

I believe in God/ the Father Almighty/ Creator of heaven and earth/ and in Jesus Christ/ His only Son/ our Lord/ who was conceived by the Holy Spirit/ born of the Virgin Mary/ suffered under Pontius Pilate/ was crucified/ died and was buried/ He descended into hell/ on the third day He rose again from the dead/ He ascended into heaven/ and is seated at the right hand of God the Father Almighty/ from there He will come to judge the living and the dead/ I believe in the Holy Spirit/ the Holy Catholic Church/ the communion of saints/ the forgiveness of sins/ the resurrection of the body/ and life everlasting.

Amen.



### **Let us pray**

Dear Jesus, You died on the cross for us. Teach us to love You and everyone.

### **Let us remember the Word of God**

“If anyone wants to become my followers, let them deny themselves, take up their cross and follow me” (Matthew 8:34).



### **Let us pledge**

I will not  
pain anyone.

### **Practice good works.**

Of those in my company, I will love those who are hostile to me more than others. I will be in harmony with them.

# 11

## Resurrection of Jesus



“Jesus is not here. He has risen.”

The Risen Jesus appeared to His disciples.

He told them: “Peace be with you.”

He had food with His disciples.

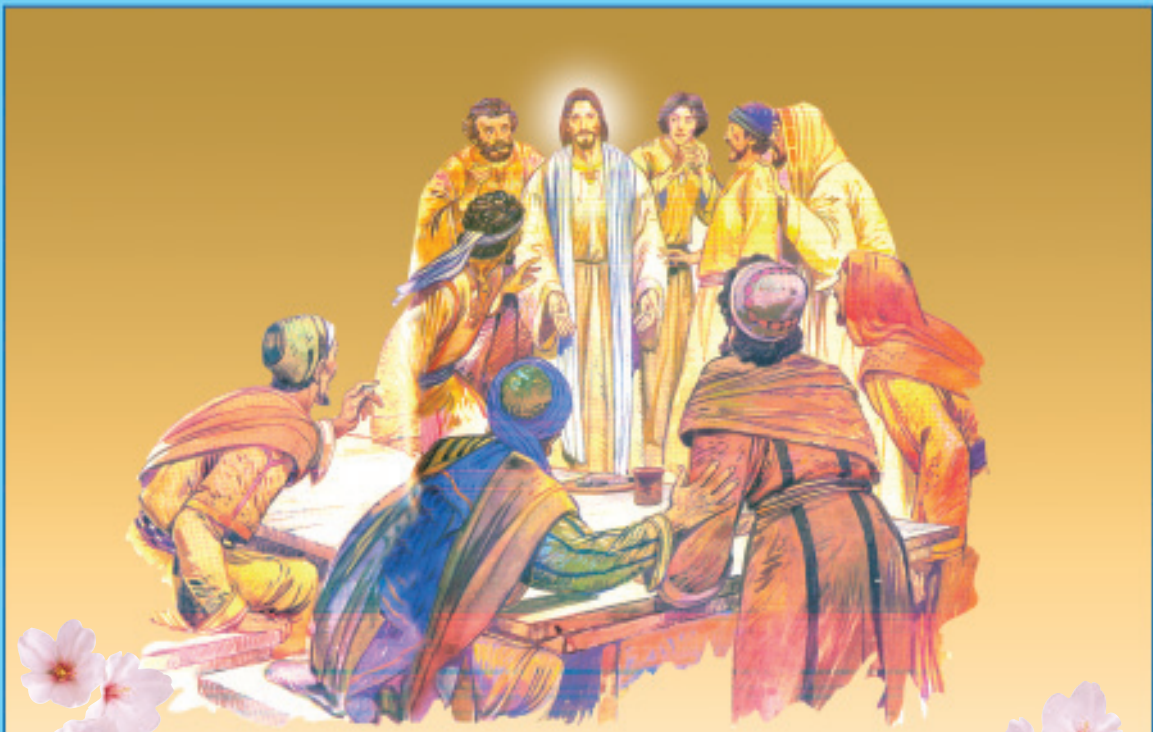
Jesus had told his disciples that

He would rise on the third day.

Jesus reminded the disciples of this.

They believed in the Resurrection





**The day Jesus rose from the dead is Easter.  
Easter means 'Feast of the Resurrection.'**



**Easter is the feast of feasts  
The resurrection of Jesus is the basis of our faith.**



Jesus died and rose for us. We can confess Jesus is Christ and Lord. We can always share the Easter peace. Only if we live good lives we can partake in Jesus' resurrection. God will also resurrect us.



## Regina Coeli (The Queen of Heaven)

(To be said from Easter to Trinity Sunday)

Queen of Heaven, rejoice. Alleluia  
For He whom you did merit to bear. Alleluia  
Has risen, as He said. Alleluia  
Pray for us to God. Alleluia  
Rejoice and be glad, O Virgin Mary. Alleluia  
For the Lord has truly risen. Alleluia

### Let us pray

O God, who gave joy to the world through the resurrection of your Son our Lord Jesus Christ, grant that we may obtain through His Virgin Mother, Mary, the joys of everlasting life, through the same Christ our Lord. Amen.



### Let us sing



Son of Man has risen,  
On the third day, He has risen,  
From the grave, He has risen,  
On the third day, He has risen.

Hark! The church bells are ringing,  
Let us join choir in singing,  
Praise the Lord, praise the Lord,  
Jesus our Saviour, He has risen.

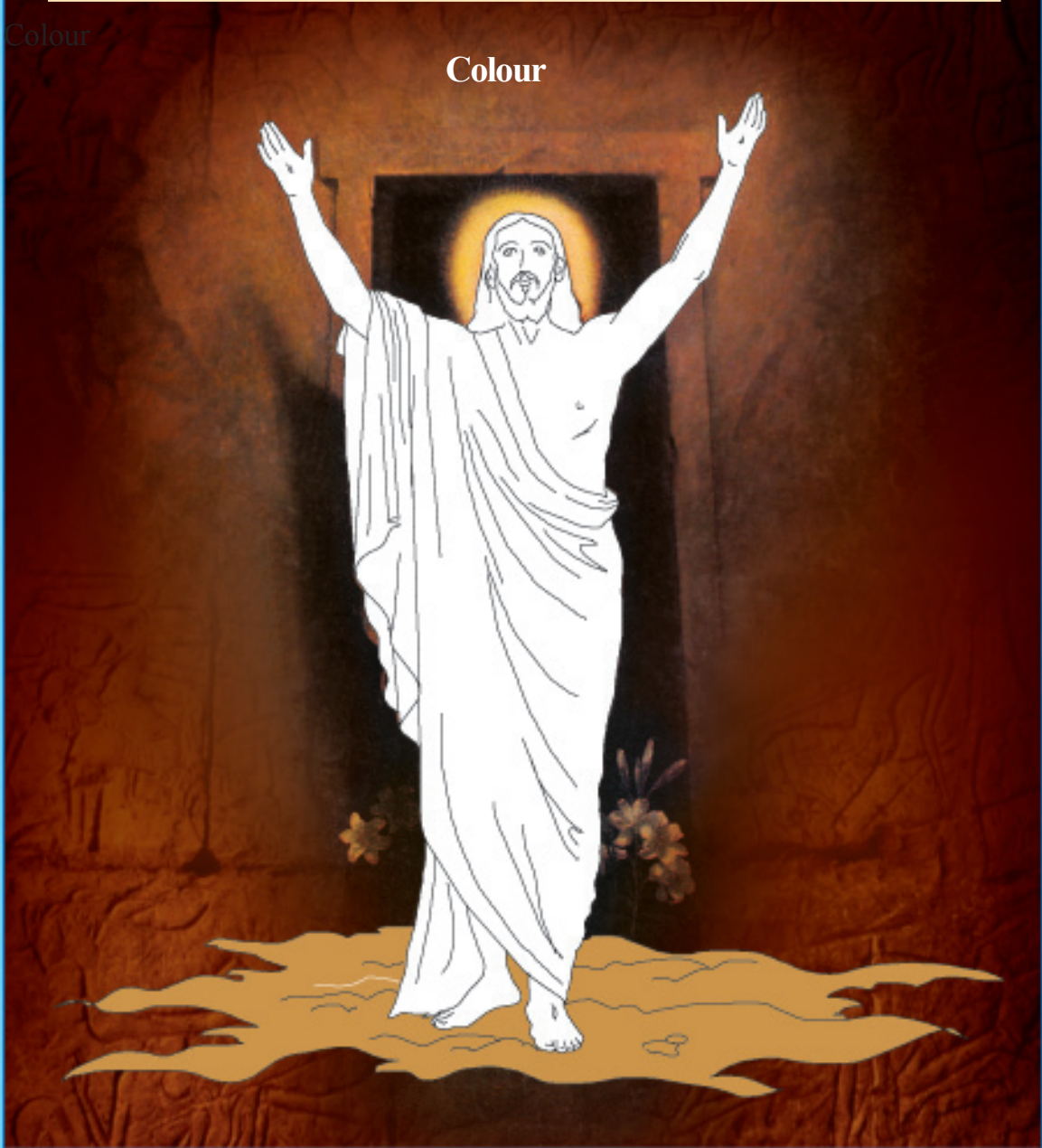


### Let us find the answers

1. What is the news proclaimed on Easter?
2. What did the Risen Lord tell the disciples?
3. What is the meaning of the word 'Easter'?
4. What must we do, to participate in the Easter joy?

Colour

Colour







### Let us remember the Word of God

“This Jesus God raised up and of that all of us are witnesses” (Acts 2:32).



### Let us pray

Dear Jesus, You rose from the grave.  
You are Christ the Lord.  
Make us partakers in the Easter joy.

### Let us pledge

I will pray every day  
for the dead.



### Practice good works

Let us practice to witness the blessings  
God has bestowed on us.

12

## Ascension of Jesus



On the fourth day after the Resurrection, Jesus led his disciples to Mount Olives. Then lifting His hands, He blessed them. While He was blessing them, He was lifted up to Heaven and a cloud took Him out of their sight (Luke 24:50-52).

“While He was going and they were gazing up towards heaven, suddenly two men in white robes stood by them. They said: Men of Galilee, why do you stand looking up towards heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw Him go into heaven” (Acts 1:10-11). And Jesus was seated at the Right Hand of His Father Almighty.

**Let us narrate an instance of Jesus’ appearance after Resurrection**

Luke 24 – The walk to Emmaus (or)

John 21 – Jesus appears to his disciples

**Jesus ascended to heaven on the 40<sup>th</sup> day.  
He is seated at the right hand of His Father.**



Ten days after the Ascension, Jesus sent the Holy Spirit on the Apostles. Let us invoke the Holy Spirit to lead a good life. By leading a good life let us also inherit heaven. Thus we can be with Jesus.





### **Let us sing**

Doing good during life,  
Heaven can be yours,  
And with the heavenly host,  
Sing in heavenly bliss.

At the heavenly Father's right,  
On the side of the Blessed,  
Lord Jesus, Son of David,  
Ever awaits us.

### **Let us find answers**

1. How many days after the Resurrection did Jesus ascend to heaven?
2. What did the two men in white robes tell the disciples who were gazing at the sky?
3. On which side of God is Jesus seated?
4. How many days after the Ascension did Jesus send the Holy Spirit on the disciples?
5. How should we grow to inherit heaven?

**Choose and write only those virtues that are required to go to heaven**

## Love

## Forgiving

## Anger

## Jealousy

## Endurance

## Lust

## Goodness

## Revenge

## Holiness

## Cheating

## Fraud

## Prayer

**Good deed**

## Bible reading

## Rosary

## Study of religion

## Humility

**Let us write a letter**

Write a letter to Jesus who is seated at the right hand of His Heavenly Father, enquiring about Heaven, as well as informing about life here below.

Write a letter to Jesus who is seated at the right hand of His Heavenly Father, enquiring about Heaven, as well as informing about life here below.



### **Let us remember the Word of God**

“Men of Galilee, why do you stand looking up towards heaven?

This Jesus, who has been taken up from you into heaven, will come in the same way as you saw Him go into heaven” (Acts 1:11).



### **Let us pray**

Good God, thank  
You for giving us this day.  
We praise You.



### **Let us pledge**

By seeing only good, hearing only good,  
speaking only good,  
I will keep my eyes, ears and tongue  
pure.



### **Practice good deeds**

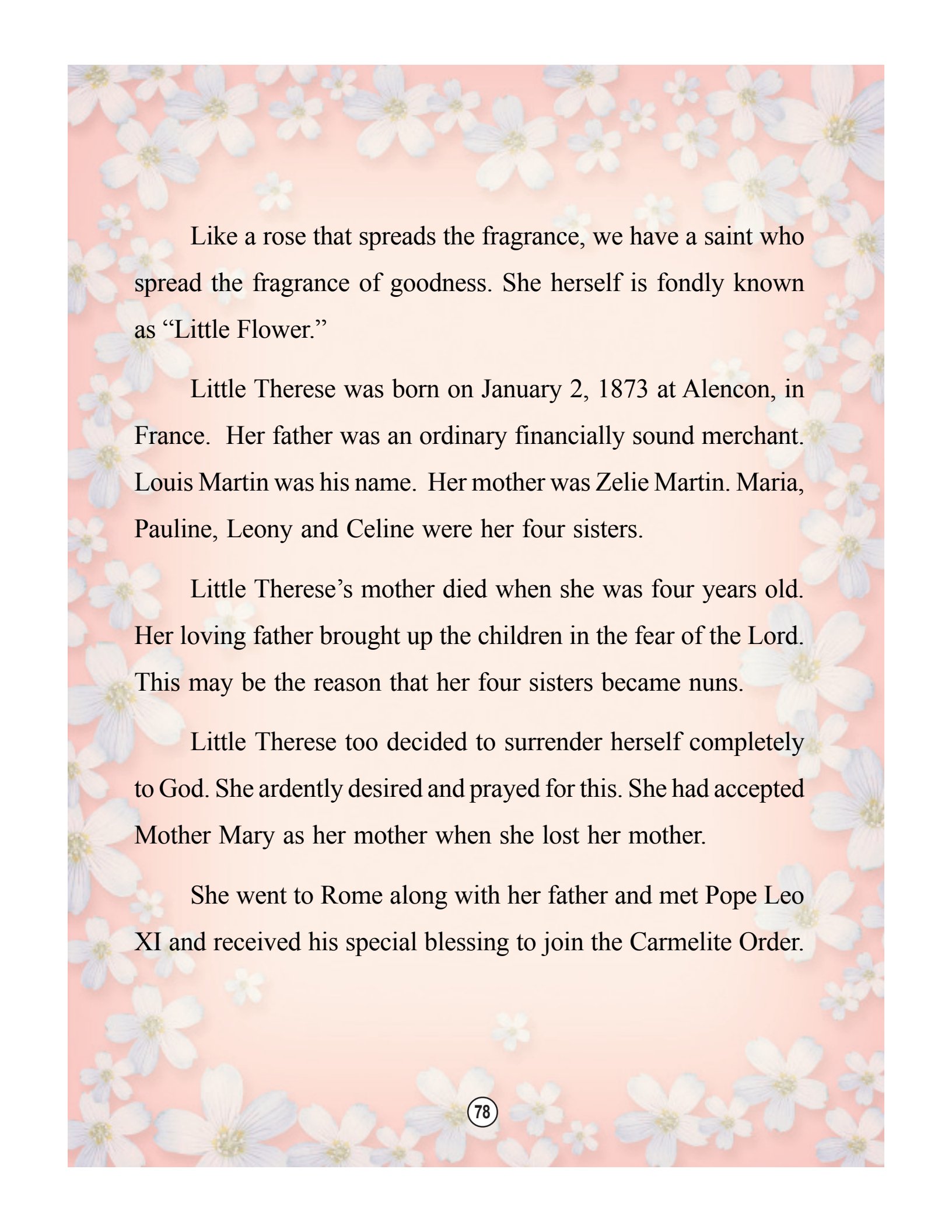
Make it a habit to visit the cemetery  
and pray for the dead.



## St. Therese of the Child Jesus



How beautiful is a garden with flowers in full bloom!  
We could gaze at the colours and sense their fragrance  
forever.



Like a rose that spreads the fragrance, we have a saint who spread the fragrance of goodness. She herself is fondly known as “Little Flower.”

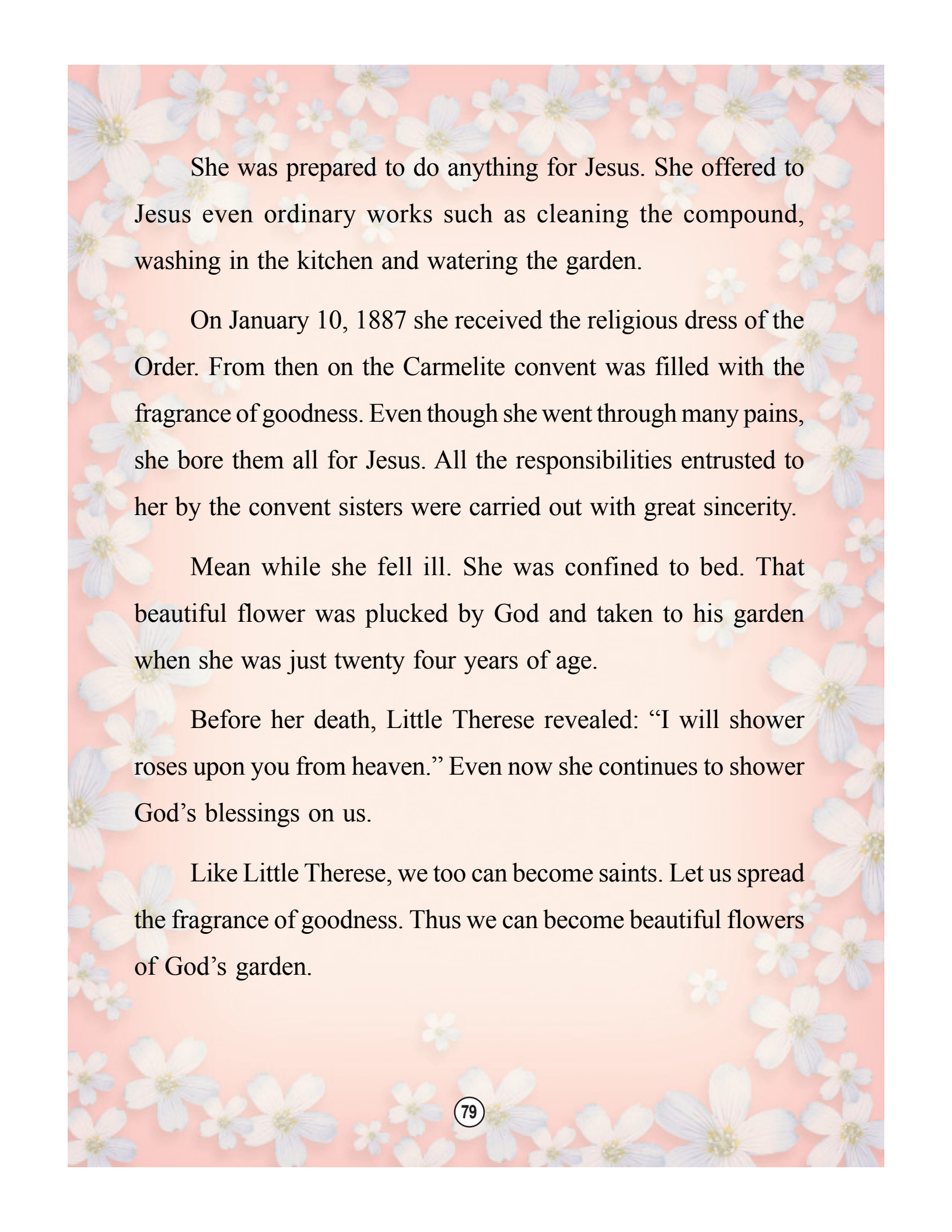
Little Therese was born on January 2, 1873 at Alencon, in France. Her father was an ordinary financially sound merchant. Louis Martin was his name. Her mother was Zelig Martin. Maria, Pauline, Leony and Celine were her four sisters.

Little Therese’s mother died when she was four years old. Her loving father brought up the children in the fear of the Lord. This may be the reason that her four sisters became nuns.

Little Therese too decided to surrender herself completely to God. She ardently desired and prayed for this. She had accepted Mother Mary as her mother when she lost her mother.

She went to Rome along with her father and met Pope Leo XI and received his special blessing to join the Carmelite Order.





She was prepared to do anything for Jesus. She offered to Jesus even ordinary works such as cleaning the compound, washing in the kitchen and watering the garden.

On January 10, 1887 she received the religious dress of the Order. From then on the Carmelite convent was filled with the fragrance of goodness. Even though she went through many pains, she bore them all for Jesus. All the responsibilities entrusted to her by the convent sisters were carried out with great sincerity.

Mean while she fell ill. She was confined to bed. That beautiful flower was plucked by God and taken to his garden when she was just twenty four years of age.

Before her death, Little Therese revealed: “I will shower roses upon you from heaven.” Even now she continues to shower God’s blessings on us.

Like Little Therese, we too can become saints. Let us spread the fragrance of goodness. Thus we can become beautiful flowers of God’s garden.



**Let us find the answers:**

1. Who is the saint fondly known as “Little Flower?”
2. Where was Little Flower born?
3. Who was Little Therese’s father?
4. What was Little Therese’s nationality?
5. What was Therese’s decision?
6. What did Little Therese do to fulfill her decision?
7. When did Little Therese receive the religious dress?
8. What did Little Therese reveal before her death?

**Remember**

“From the age of three,  
I did not deny my God anything”  
*(St. Therese of the Child Jesus)*