

MESSAGE

Preserving perpetually fresh the command of our Lord Jesus Christ to his apostles "go into the world and proclaim the good news to the whole creation" (Mk 16:15), the Church always holds in high esteem the Faith Formation, the essential element in the process of evangelization, as a means to keep alive the proclamation and transmission of the Word of God to the future generation.

Emphasizing the significance of catechetical ministry, St. John Paul II in his Apostolic Exhortation Catechesi Tradendae, exhorts: "Quite early on, the name Catechesis was given to the totality of the Church's efforts to make disciples, to help people believe that Jesus is the Son of God so that believing they might have life in his name and to educate and instruct them in this life, thus building up the Body of Christ" (CT 1). Catechesis enables the faithful to inculcate God's grace in their day today lives, to experience the invisible power of God through the celebration of the sacraments within the community and to bear witness to it with self-denial.

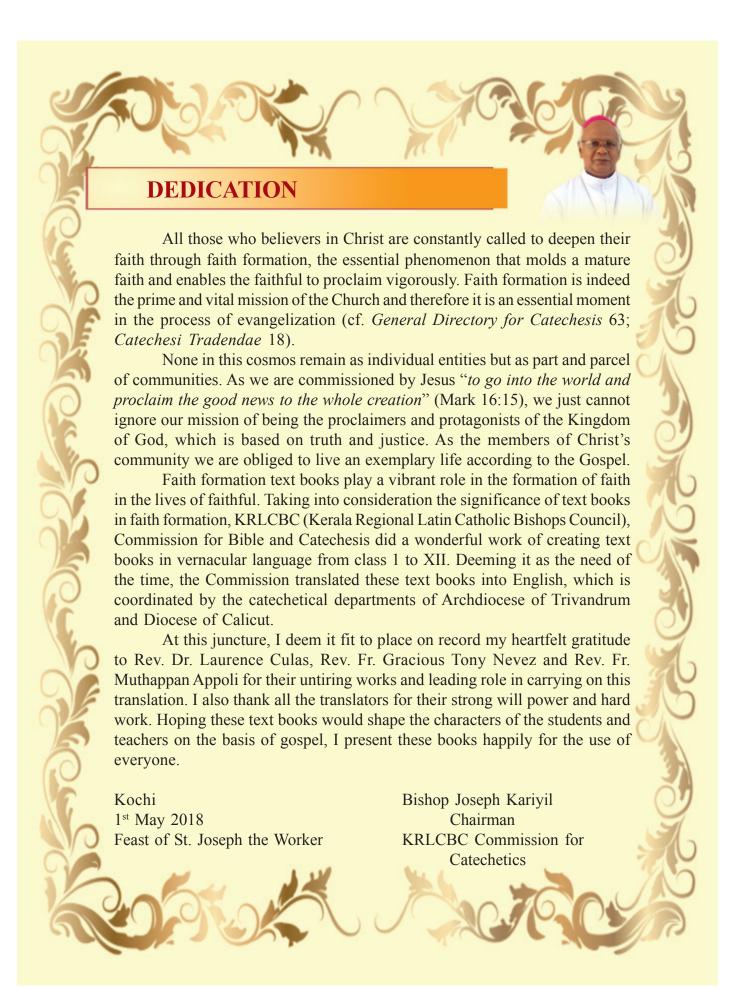
Noting the prime and vital role of the catechism texts in the Faith Formation process, KRLCBC's (Kerala Regional Latin Catholic Bishops Council) Commission for Catechetic took a bold step in forming these texts in vernacular language from standard 1 to XII in the year 2007. The contents presentations of these texts are noteworthy and needs to be appreciated; its presentation is simple and elegant and used modern teaching techniques. Care has been taken to depict true beliefs along with the inclusion of the history of the Latin Catholic Church and the special characteristics of the sacraments. Sensing the need of the modern epoch, these texts

are now translated into English, which further widens the scope of these texts. I pen down my sincere appreciation to the catechetical departments of Archdiocese of Trivandrum and Diocese of Calicut for initiating this venture. I also take this opportunity to congratulate Rev. Dr. Laurence Culas, Rev. Fr. Gracious Tony Nevez and Rev. Fr. Muthappan Appoli and their colleagues who helped in translation, correction, DTP and page layout.

I extend my good wishes to all the children who desire to deepen their faith through faith formation. May you like Jesus grow and become strong, be filled with wisdom and the favour of God be upon you' (cf. Luke 2:40). Let God's light shine upon each one of you!

Trivandrum
1st May 2018
Feast of St. Joseph the Worker

Archbishop SoosaPakiam M.
President, KRLCBC
Archbishop of Trivandrum



MESSAGE

"To begin with, it is clear that the Church has always looked on catechesis as a sacred duty and an inalienable right. On the one hand, it is certainly a duty springing from a command given by the Lord and resting above all on those who in the new covenant receive the call to the ministry of being pastors. On the other hand, one can likewise speak of a right: from the theological point of view every baptized person, precisely the reason of being baptized, has the right to receive from the Church instruction and education enabling him or her to enter on a truly Christian life" (*Catechesi Tradendae* 14).

KRLCBC Commission for Catechesis, in its whole hearted efforts owning this mind of the Mother Church regarding catechesis, deemed it necessary to present the Catechism texts in languages more comfortable to the students. So, the translation of the current vernacular text into English and Tamil was included in the decennial plan presented in the Vallarpadam Mission Congress and BCC Convention as one of the primary objectives to be achieved. Moreover, constant plea from the part of students and their parents as well as the teachers necessitated this huge venture.

The great and praise worthy efforts invested by the Pastoral Ministry of Latin Archdiocese of Trivandrum under the direction of Rev. Dr. Laurence Culas and Rev. Fr. Muthappan Appoli and by the diocese of Calicut under the guidance of Rev. Fr. Gracious Tony Nevez towards the realization of this objective have been of immense worth. Their service to the formation of the new generation in the Latin Church of Kerala goes gratefully and proudly marked. This will go a long way to realize the specific aim of catechesis as St. Pope John Paul II says: "to develop, with God's help, an as yet initial faith, and to advance in fullness and to nourish day by day the Christian life of the faithful young and old…Catechesis aims therefore at developing understanding of the mystery of Christ in the light of God's word, so that the whole of a person's humanity is impregnated by that word" (*Catechesi Tradendae* 20).

On behalf of the Chairman of the Commission for Catechetics and its members my heart overwhelms with great appreciation for and deep gratitude to all those who toiled to make this dream come true. May God bless them and reward them with the joy of seeing the new generations "to maturity to the measure of the full stature of Christ" (Eph 4:13).

Kochi
1st May 2018
Feast of St. Joseph, the Worker

Rev. Dr. Joy Puthenveetil
Secretary
KRLCBC Commission for
Catechetics

GRATITUDE

The word Catechesis, derived from the Greek word 'katekhesis' means 'echo;' implying that as catechists, we echo the teachings of Christ and of the apostles. Catechism texts, playing a vital and inevitable role throughout the faith formation process, must be biblically, theologically and doctrinally reliable and infallible; thus enabling us to proclaim with Jesus, "My teaching is not mine but his who sent me" (John 7:16).

KRLCBC (Kerala Regional Latin Catholic Bishops Council), Commission for Catechetics was authorized to consolidate the contents and to formulate catechism texts for the usage of the faithful of Latin Catholic Dioceses in Kerala. The principal task of this commission was to review and evaluate the biblical and theological contents and doctrinal accuracy of the texts for children and youth; as a result of which catechism texts for standard 1 to 12 was formulated in Malayalam and implemented for usage since 2007. Taking into consideration, the dire need of the modern era, now these texts are translated into English for further usage.

With appreciation we place on record our sincere gratitude to Archbishop Soosa Pakiam M, the President of KRLCBC and Bishop Joseph Kariyil, the Chairman, KRLCBC Commission for Bible and Catechetics and Rev. Dr. Joy Puthenveetil, Secretary, KRLCBC Commission for Catechetics. We are indebted to the translators for their competence and hard work, especially Miss Vera Moses for the translation of this text. We are also very thankful to all those who corrected the texts. A special thanks to Mrs. Reena Shabu, Mrs. Sahayamary Delvan, Ms. Francisca T and Mrs. Sophi Godfrey for DTP work, page layout and graphics and to Chackala printers.

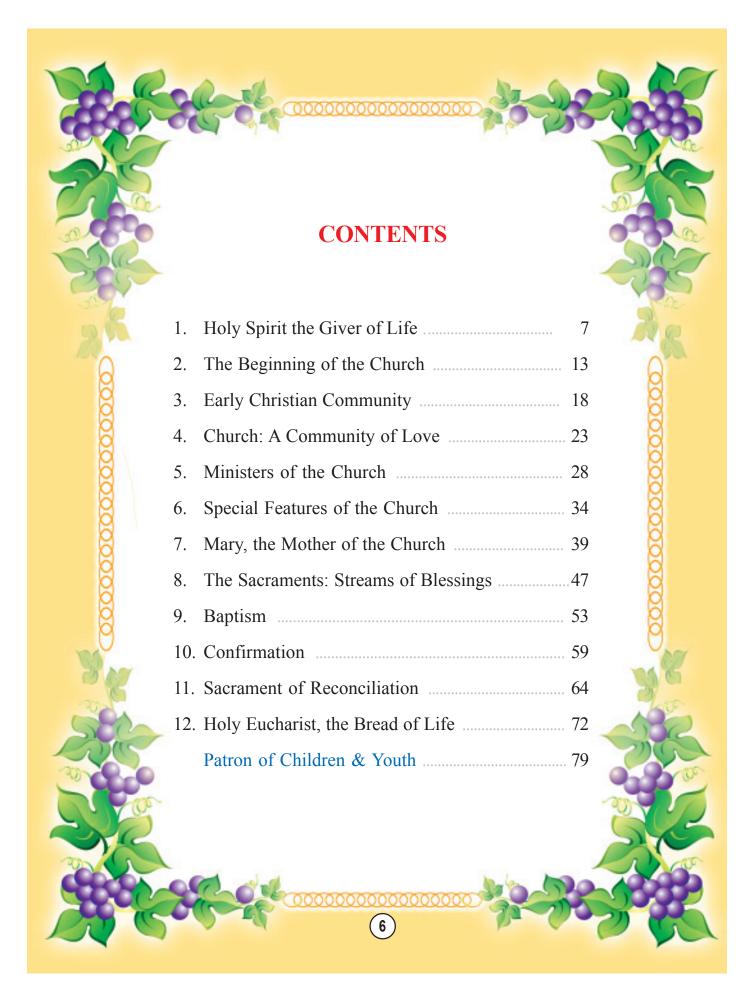
Bringing the entire nations to Jesus and assisting everyone to have a personal relationship with him will take place only when we, the faithful deepen our faith through faith formation, have a very personal relationship with him, which in turn strengthens us to proclaim genuinely the message of the Gospel with joy and courage; and thus attracting the entire people to him. Let the light of Jesus reflect through these texts and let everyone who use this text be enlightened by his divine light.

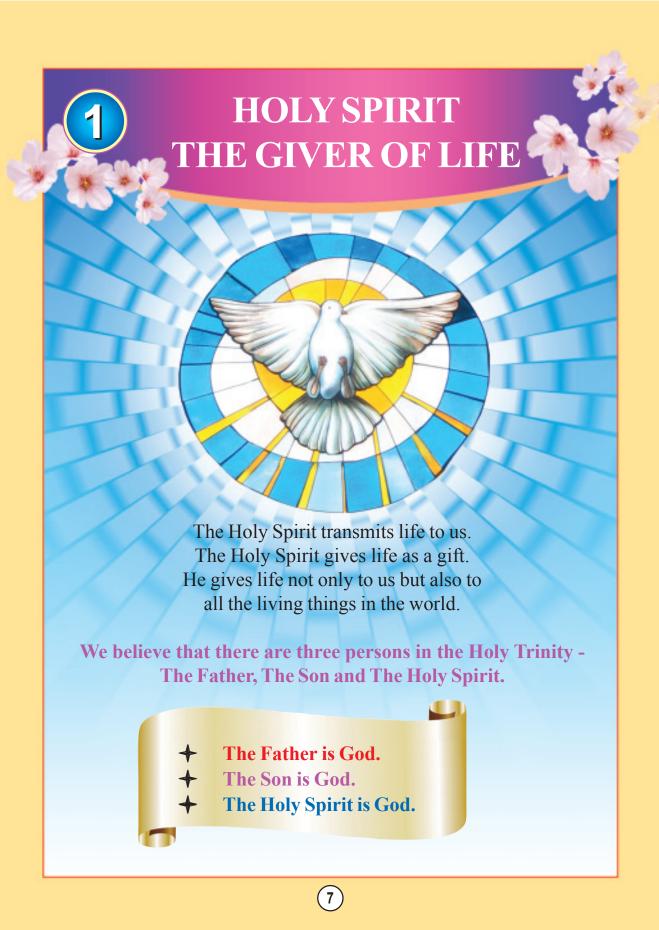
Trivandrum and Calicut

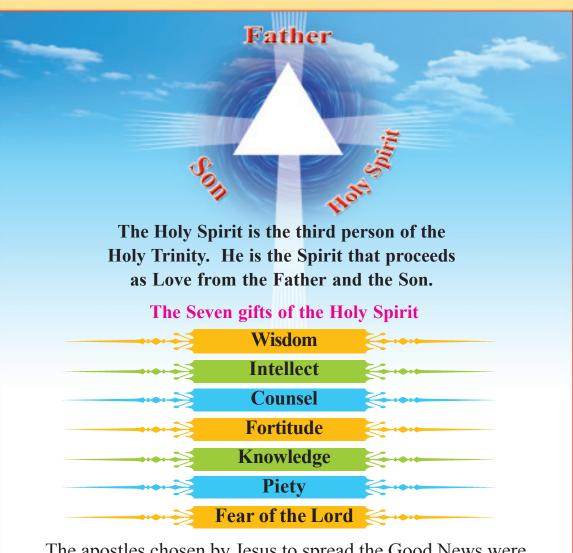
1st May 2018

Feast of St Joseph, the Worker

Rev. Dr. Laurence Culas Rev. Fr. Gracious Tony Nevez Rev. Fr. Muthappan Appoli







The apostles chosen by Jesus to spread the Good News were ordinary people. They were not learned people. They did not have the ability to stand before the people and proclaim the Good News as required.

Then, on Pentecost Day when they were filled with the Holy Spirit they received knowledge. They had the wisdom to distinguish between good and evil. The timid apostles gifted with courage were changed into keen propators of the Gospel. They travelled all over the world and began to preach the Gospel courageously.

THE HOLY SPIRIT

Helps us to grow in holiness.

Helps us to go forward along the way of the Gospel.

Helps us to engage in activities pleasing to God.

Encourages us to live in the love of God.

Gives energy and vivacity.

Bestows piety and fear of the Lord.

Jesus cast out demons by the power of the Holy Spirit.

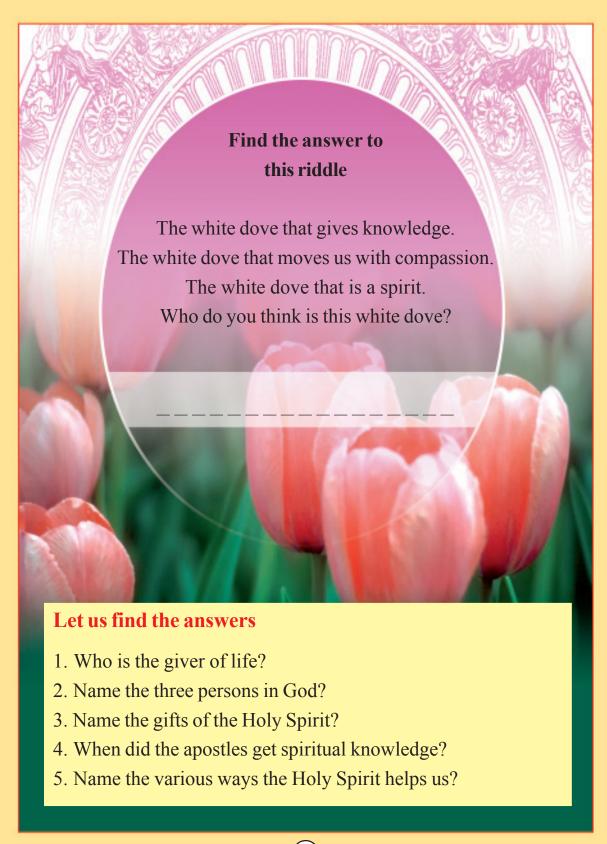
Those who pray to God will receive the Holy Spirit abundantly.

We can grow as children of God by making use of the gifts of the Holy Spirit.

The Holy Spirit gives us courage to bear witness to our faith.



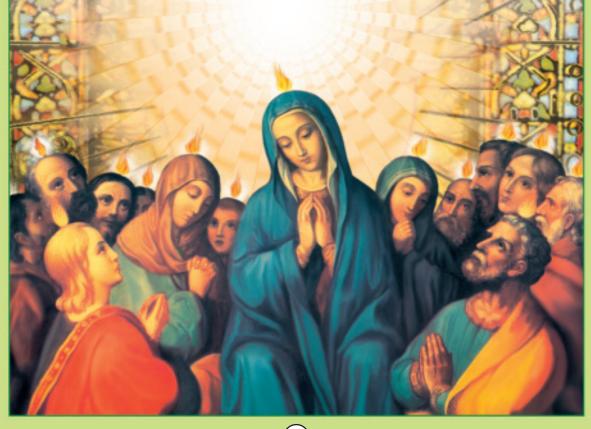






Do you want to know how the early Church was formed?

After the Ascension the disciples along with Mary, Mother of Jesus, gathered in the Upper Room. They were praying.



On the day of Pentecost, while they were in prayer, suddenly there came a sound like the rush of violent wind from above. It filled the entire house where they were praying. Holy Spirit descended on each one of them as tongues of fire. It rested on them. All of them were filled with the Holy Spirit. Filled with the Holy Spirit they began to speak in tongues.

When they were filled with the Holy Spirit, Peter standing with the other disciples began to preach about Jesus. Many people from many nations were there. Each one heard Peter speak in their native language.

Amazed and astonished they asked: "Are not all these who are speaking Galileans? And how is it we hear, each of us in our own native language?" So the crowd that had gathered, believed in Jesus and were baptized. And that day about three thousand persons were baptized. Thus the first community of Christian believers was formed.

The early Church was founded on Pentecost Day.

Church is a community of those who believe in Jesus.

Let us remember the Word of God



"I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me You can do nothing" (John 15:5).

Let us pray

Holy Spirit, Lord, strengthen us as you strengthened the apostles.





Let us pledge

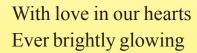
I will love my Church.

Practice good works

Make it a habit to behave in a loving manner with classmates and neighbours.

Let us sing

Light of faith never diming, Ever brightly shining.



Our homes and our lands. With Spirit of God filling

Light of faith never diming, Ever brightly shining.



Complete the picture Complete the picture joining the numbers



Match the following leaves

Those who believe in Jesus

Inauguration of the Church

Holy Spirit

Church Community

Pentecost

Gift of Tongue

Let us compose a song

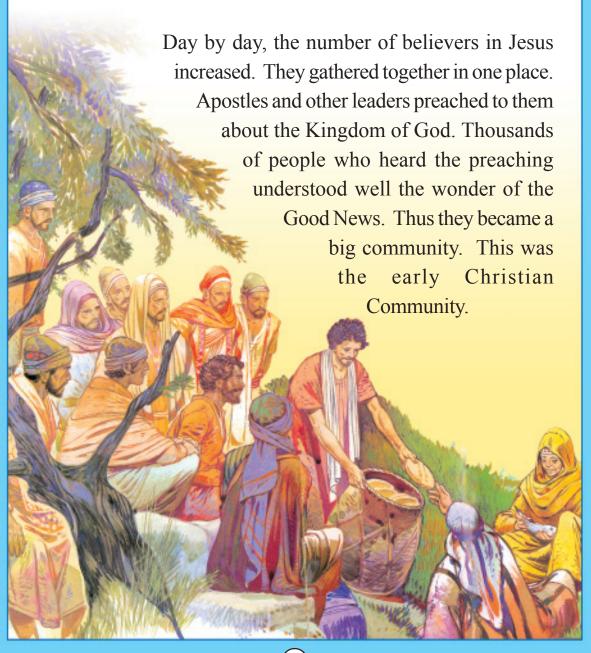
Write below a song to the Holy Spirit consisting of four line. The fourth line is given. For the rhythm pray to the Holy Spirit. The best song will be given a prize.



Let us find the answers

- 1. Who was praying in the Upper Room?
- 2. In what form did the Holy Spirit come upon them?
- 3. When did Peter start preaching about Jesus?
- 4. How did the people, who came from different nations, hear the words of Peter?
- 5. What did those who believe in Jesus do?
- 6. What do you mean by Church?
- 7. How many received Baptism on Pentecost Day?





When those who love God
came together in Jesus' name,
the Holy Spirit showered graces on them.
Then their lives and companionship
became a model for
others.

The early Christian community lived in one mind and heart, praising God and praying to him. Gradually, in many parts of the world such communities were formed. Loving one another and proclaiming the Gospel they became God's people.

The Early Christian Community
was of one mind and heart.
No one claimed private
ownership of any possession.
Everything they owned was held in
common. Loving one another and sharing
everything became their way of life.
They found happiness in praying together
and breaking bread together.
They remained together during sacrifices and sufferings.
In everything they were a model community.

They had breaking of the bread in memory of Jesus' Last Supper.
This was the manner of celebrating the Eucharist.

We must be always ready to share everything with everyone.

No one must live forgetting God.

Let us remember the Word of God

"All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as they had need"

(Acts 2:44-45).



Let us pray



O my God, teach me to share my time and talents with others.

Let us pledge

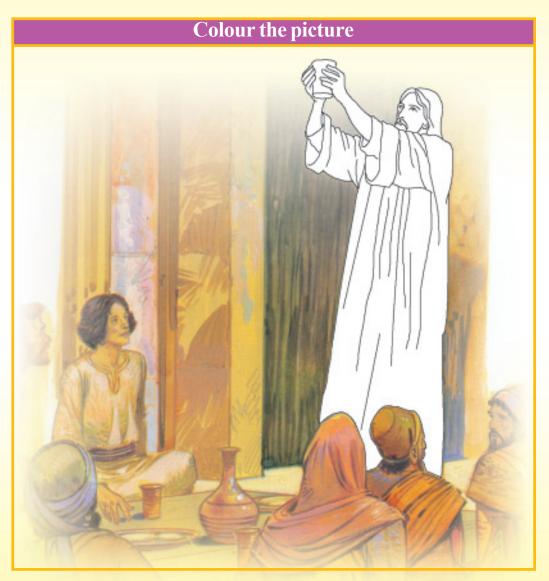
I will take part in the family unit (BCC) programmes.





Let us sing

What we possess we share
To have nots we give.
Our little hearts surely will beat
Filled with happiness.



Practice good deeds

Help the weak students in their studies.



- 1. Who preached to the believers about Jesus?
- 2. Who showered graces on the people of God?
- 3. In memory of what did the early Christians have the breaking of the bread?
- 4. What was the primary form of the Eucharistic celebration?
- 5. What are the factors that made the early Christians to come together as one body?
- 6. It's afternoon. A classmate is hungry. You have a food packet. What will you do?

The fourteen Works of Mercy

The seven Corporal Works of Mercy

- 1. To feed the hungry.
- 2. To give drink to the thirsty.
- 3. To clothe the naked.
- 4. To shelter the homeless.
- 5. To take care of the sick.
- 6. To visit the imprisoned.
- 7. To bury the dead.

The seven Spiritual Works of Mercy

- 1. To admonish the sinner.
- 2. To instruct the ignorant.
- 3. To counsel the doubtful.
- 4. To comfort the sorrowful.
- 5. To bear wrongs patiently.
- 6. To forgive all injuries.
- 7. To pray for the living and the dead.

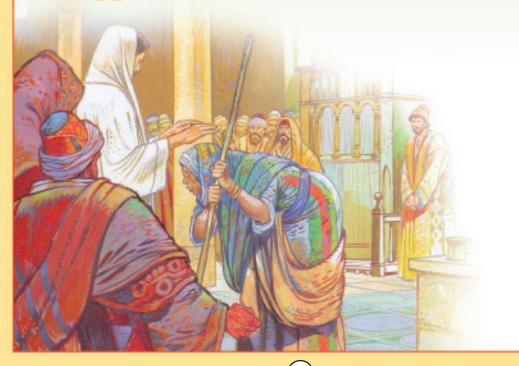


Our life is a journey. The Kingdom of Heaven is our destination.
Jesus is our Leader.

During this journey we should be able to do good to everyone.

Church is a Community of those who believe in Christ.

Just as Christ loved we too should love one another.



Those who believe in Christ ought to grow obeying Christ.

Christ is the Saviour of the Church. All ought to join together to pray to Christ and listen to the Word of God attentively and live united in love and one mind.

Jesus has told us to grow in love and mercy.

Give food to the hungry, give drink to the thirsty, give clothing to those who have no clothes, give shelter to those who have no place to sleep. These are signs of love and mercy.

Church is a Community of love. We become believers in Christ, when we love others and show mercy to them.

Through Baptism we become members of the Church.

Holy Church is a big family. Christ is the invisible

Head of the Church. The

visible head is the Pope.



Let us remember the Word of God

"If I, your Lord and Teacher have washed your feet, you also ought to wash one another's feet" (John 13:14).



Let us pray

Jesus, our love, bless us to live as a loving Community by following your example.







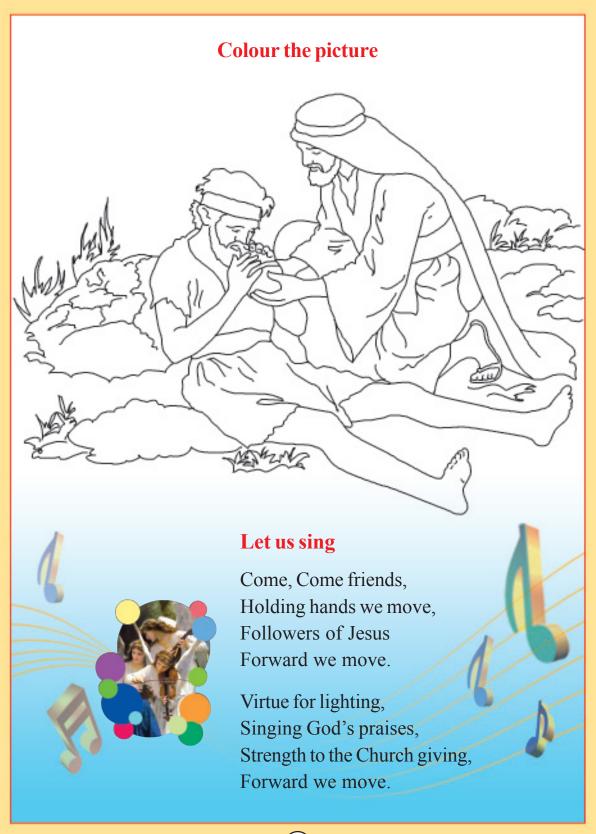
Let us pledge

I will pray for the Pope, the visible head of the Church.



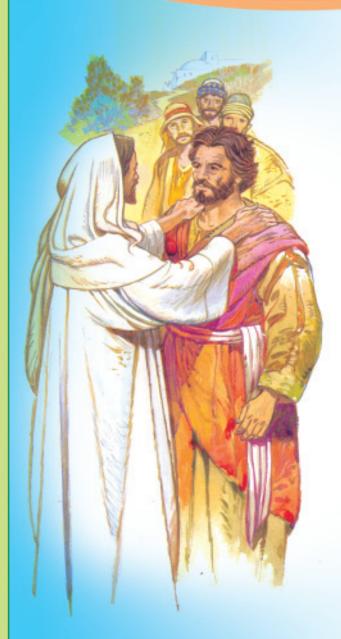
Practice good works

Learn to join your family members and your neighbours in working for the good of the Community.



Mark right or wrong (If the statement is right mark ', ' and If the statement is wrong mark 'X') 1. Jesus is the visible Head of the Church. 2. Love is the face of the Church. 3. Through Baptism we become members of the Church. 4. Peter is the visible leader of the Church. 5. Church is a Community of those who believe in Christ. Let us find the answers Who is our Leader? What is the face of the Church? 3. How do we become members of the Church? 4. What is the aim of the journey of the Church? What is the responsibility of the children of the Church? 5.

MINISTERS OF THE CHURCH

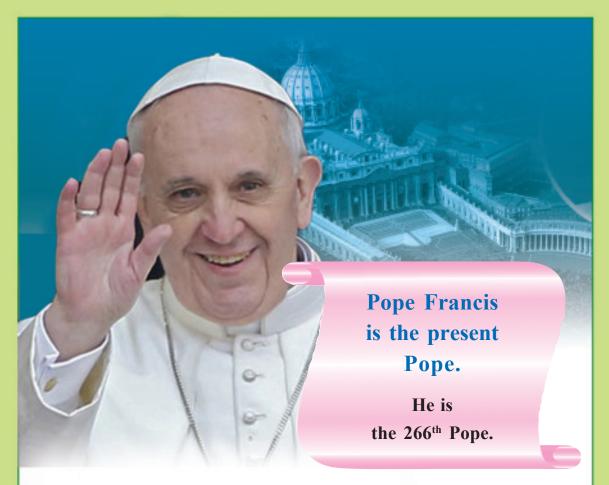


Jesus had twelve disciples. They were called Apostles.
'Apostle' means 'one who is sent.'
Bishops are the successors of the Apostles.

Simon was the most important disciple.

Jesus called him Peter.

'Peter' means 'rock'.



Jesus made Peter as the foundation stone for His Church.

Our Church is built on Peter, the rock.

Peter was chosen as the first minister of the Church.

Popes are successors of Peter.

Priests are responsible to assist the Bishops. Priests are ordained through the Sacrament of Holy Orders. Priests have direct contact with the faithful. Priests are normally the ministers of the Sacraments that can be received more than once.

The Religious are those who through the Vows of Chastity, Poverty and Obedience dedicate themselves to the service of the Church.

Faithful who are neither priests nor religious are the Laity.

Now a story

After Pentecost, the Church began to grow. The Apostles were not able to do all the tasks. So they chose seven men full of spirit and wisdom. One of them was Stephen.

Stephen attacked the deceptive gods of the Jews. Stephen praised Jesus to the skies. When the Jews heard these things they became angry and shouted "Stone him, stone him."

They stoned Stephen. That brave son bathed in blood knelt down and prayed: "Lord, do not hold this sin against them." When he had said this, he died. Devout men buried Stephen and made loud lamentation over him.

Stephen was the first Martyr of the Christian Church.

Let us remember the Word of God

"The Apostles rejoiced that they were considered worthy to suffer dishonor for the sake of Jesus' name" (Acts 5:41).





Let us pray

O my God, help the ministers of the Church to lead Her in truth and righteousness.

Let us pledge

As a firm member of the Holy Church, I will be a light to my home and country.



Practice good works

Tell about Jesus to others.

Ask and find out the names of the Martyrs of the Holy Church.



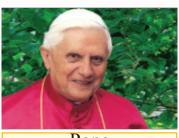
Let us sing

Holy Church, Blessed Church, Mother Church, Holy Church, Jesus made a church of love, To build heaven on earth.

Holy Church, Wonderful Church United Church, Only Church, God made a Church of love To spread peace on earth.

Match the following		
		8
Simon		One who is sent
Simon	-	CHE WHO IS SELLO
Apostle		St. Stephen
ripostie		St. Stephen
First Martyr		Religious
1 list Marty1		Religious
Chastity		Peter
Chashry		I CUCI

Look at the pictures and write



Pope









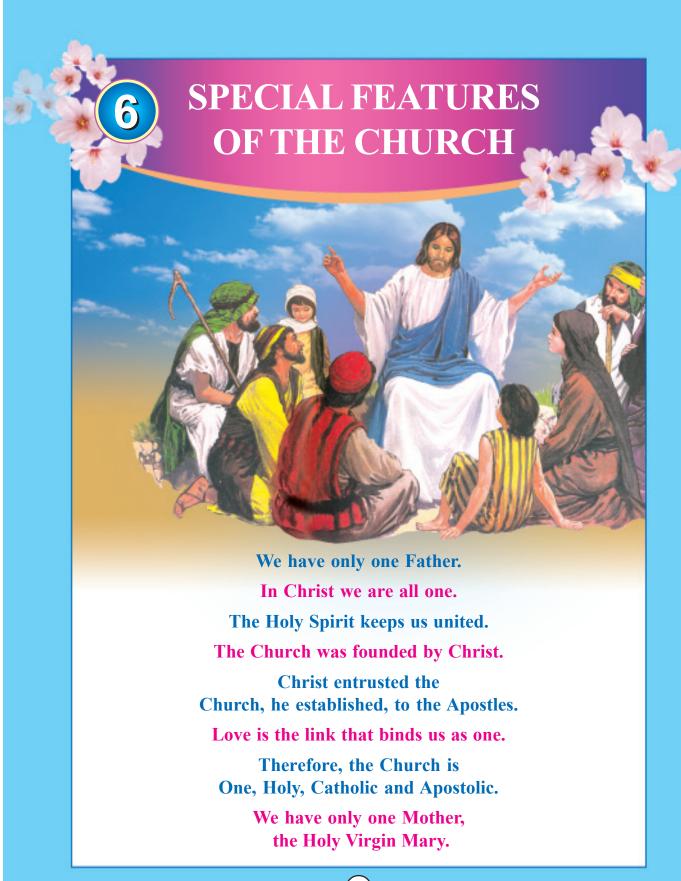


The five Precepts of the Church

- 1. You shall attend Holy Mass on Sundays and holy days of obligation.
- 2. You shall confess your sins at least once a year and receive holy communion at least during the Easter season.
- 3. You shall keep fasting and abstinence on the days fixed by the Church.
- 4. Your shall not celebrate marriage during the forbidden periods and with the forbidden people.
- 5. You shall contribute to the support of the Church and Pastors according to the norms of the Church.

Let us find the answers

- 1. By what name did Jesus address Simon?
- 2. What is the meaning of the word 'Peter'?
- 3. Who is the present Pope?
- 4. How many Popes have been there since St Peter?
- 5. Who are the successors of the Apostles?
- 6. Who is the first Martyr in the Church?
- 7. How did the Jews kill Stephen?



The Church is one

One God.

Life through one Spirit.

One faith.

One hope.

One knowledge.

One body.

The children of the Church should not have differences.

The Church is Holy

Christ is the founder of the Church.

The Spirit of the Church is Holy.

Saints are models of holiness.

We are called to be holy.

The Church is holy though having sinners in her midst.

The Church is Catholic

The Church is for all.

The Church is the love that searches everyone.

The Church is the mother who does not exclude anyone.

The Church is missionary leading everyone to salvation.

The Church is for all ages.

The meaning of Catholic is 'universal.'

The Church is established for the people.

The Church is Apostolic

The Church was established on the foundation of the Apostles.

The Church is sent for all.

Christ leads the Church.

The Church safe guards the truth.

The Church stands for the good of the world.

The Pope is the visible Head of the Church.

Popes are the successors of the Apostles.

Authority of the Church flows from Christ.



Let us pray

Lord, you formed One, Holy, Catholic and Apostolic Church for the salvation of the humankind. I am proud to be a member of that Church. Shower your graces on me.



"In the one Spirit, we are all baptized into one body" (1 Corinthians 12:13).



Let us pledge

I pledge to grow as a faithful member of the Church by loving God and loving my neighbour.

Practice good works

Participate in the Mission Sunday celebrations.





Holy is the Word of God May it fill the earth

In the Spirit of the Gospel
The flower of love shall bloom

Children of the Holy Church Together as one

Spreading goodness, fighting evil Friends, let us advance

Imagine that this tree is the Church. Write the special features of the Church on the cards hung on the tree.

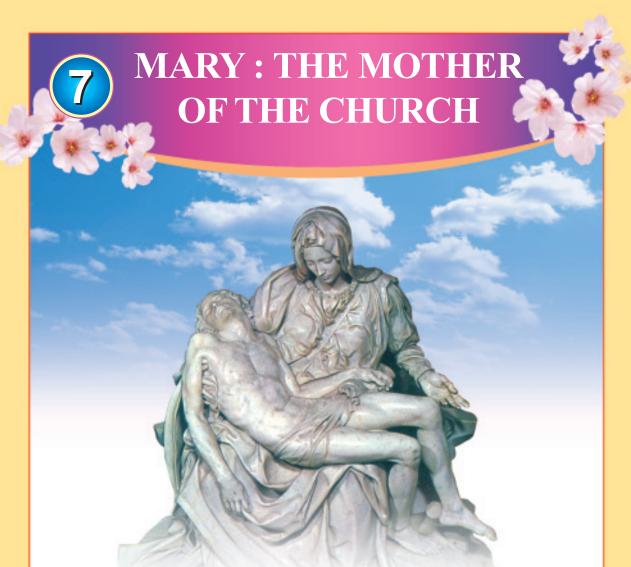


Match the following			
Only one Mother	Union		
Catholic	Links in the chain		
Love	Holy Virgin Mary		
Holy Spirit	Universal		

Find out the ranks and names of the ministers of your Parish.

Let us find the answers

- 1. Who unites the Church to be One?
- 2. To whom did Jesus entrust the responsibility of the Church?
- 3. Who are the successors of the Apostles?
- 4. For whom was the Church established?
- 5. From whom does the authority of the Church come?
- 6. How many special features of the Church are there? What are they?



We have seen how the mother hen collects her chicks under her wings at the sight of the shadow of the eagle. She cannot see.

We have also seen the mother bird fly without tiring over forests and hills in search of food for her little ones chirping in the nest. This is the speciality of a mother's affection. Mother Mary is always attentive in the affairs of her children. Our mothers too attend to us. How many sacrifices they make for us!

Mary Our Mother

Since Mary is the mother of Jesus, our Saviour, she became the Mother of the entire humanity.

Holy Mary, the heavenly Mother, loves us more than our mothers. Mary shows us the way of love and sacrifice. Mary has given the example of brotherly love, simple life and humility.

Mother of the Upper Room

Mary's pressure, strength and courage spread to the Apostles. They accepted and respected the Mother of their Lord as their own Mother.

Mother at the foot of the Cross

While hanging on the Cross, when Jesus saw His Mother and the Disciple whom He loved standing beside her, He said to His mother "Here is your son" and to the Disciple "Here is your mother."

Mary is with the Church from its beginning. Just like Mary we too ought to believe in Christ, do good and grow in holiness.

Assumption of Mary

The Assumption of Mary is a matter of faith.

Jesus' Ascension and Mary's Assumption are the forerunners of humanity's entry into heaven. After the earthly life Mary was taken up to heaven.

Importance of Rosary

Rosary is a journey through the mysteries of salvation.

In that way we show love and devotion to Mary.

We ought to obtain grace through the Rosary. When the

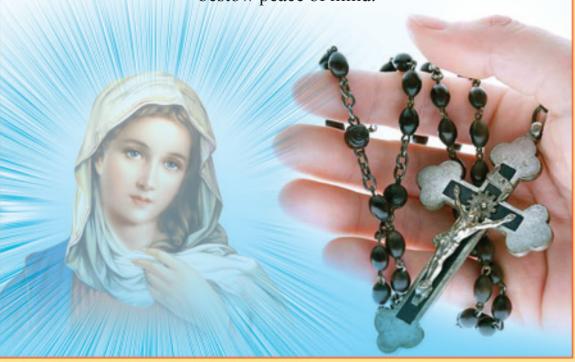
Church bells peal at twilight, family

members all together reciting the Rosary is a

good tradition among Christians. Rosary helps to

bind the family, discipline the members and

bestow peace of mind.



From childhood we should get accustomed to pray the Rosary and join in the Family prayers.

The Rosary is also known as the Beads. The Rosary helps us to grow in holiness.

Mary is the Mother of the Church. At the beginning of the Church and during its growth, Mary is with us. Mary will save us. Holy Mother will hold our hands and lead us to Jesus.

Mary appears as a lamp before the suffering and a consoling presence before those who weep.



Let us remember the Word of God

z"My soul magnifies the

Lord and my spirit rejoices in God
my Saviour... The mighty One
has done great things for me"

(Luke 1:46-49).

Let us pray

Lord and Saviour you deigned to give us Mary as our Mother.
We praise you.



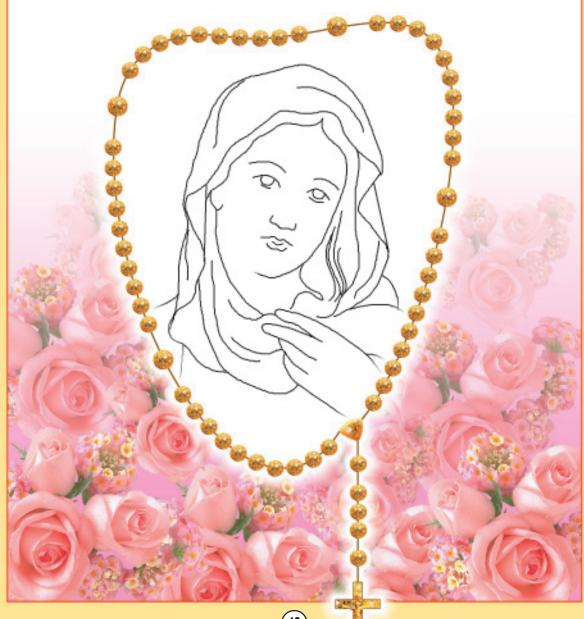


I will grow in Marian devotion.



Colour the picture

Color beautifully this picture of Our Mother.



Practice good works

Say the Rosary without fail.

Collect different names of Mother Mary. Find out the places where Mother Mary appeared.

What do you desire from Mother Mary?

Write what you desire in the middle of the kite.



Match the following				
Here is your Mother	Rosary			
John	Dogma			
Rosary	Here is your son			
Assumption	Beloved disciples			



Let us sing

She combs my hair – always,

Mother lulls me to sleep.

I grow up hearing good words – always,

Mother guides me on the right path.

She protects me from danger – always

Mother wipes away my tears.

She is a vessel of gold – always,

Mother's affectionate children we must be.

Answer this riddle

Chain that brings unity,
Chain that brings joy,
Chain that spreads peace.
What is this chain?

Mysteries of the Rosary

The Joyful Mysteries

- 1. The Annunciation by the Angel. 2. The Visitation of Mary to Elizabeth.
- 3. The Nativity of Jesus at Bethlehem. 4. The Presentation of Child Jesus.
- **5.** The Finding of Jesus in the Temple.

The Sorrowful Mysteries

- 1. The Agony of Jesus in the Garden. 2. The Scourging of Jesus at the Pillar.
- 3. The Crowing of Jesus with Thorns. 4. The Carrying of the Cross.
- 5. The Crucifixion on Calvary.

The Glorious Mysteries

- 1. The Resurrection of Jesus. 2. The Ascension of Jesus.
- 3. The Descent of the Holy Spirit. 4. The Assumption of the Blessed Virgin Mary.
- 5. The Coronation of Our Lady.

The Luminous Mysteries

- 1. The Baptism of Jesus. 2. The First Miracle of Jesus.
- 3. The Proclamation of the Kingdom of God. 4. The Transfiguration of Jesus.
- 5. The Institution of the Holy Eucharist.

Let us find the answers

- 1. Who pays attention to the needs of one's children?
- 2. Who did encourage the Apostles?
- 3. Where did Mary become the mother of the Saviour?
- 4. Indicating His Mother, what did Jesus tell John?
- 5. What example does Mary give us?
- 6. When is Assumption celebrated?
- 7. How does Mary safeguard the Church?

THE SACRAMENTS – STREAMS OF BLESSINGS

You have seen parched paddy fields. Haven't you? It lies staring at the sky for a drop of water to quench its thirst. If a stream from a big river flows and reaches it, that very moment the field receives life. This is also the condition of a dry heart.

Listen to a story

Jesus and the Samaritan Woman

Once Jesus was sitting near a well in Samaria. At that time a Samaritan woman came there with a vessel to draw water. When she let down the bucket into the well to draw water, Jesus said to her: "Give me a drink." The Samaritan woman

replied: "I cannot give water to you, a Jew." Then Jesus said: "If you had asked me I would have given you living water." She looked at Jesus. "How is that?" She asked. "You have no bucket and the well is deep.

How will you get this living water?" Jesus said: "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty.

Jesus did not speak of ordinary water. He spoke of life giving water to refresh her parched heart. Yes, the sacraments are streams of blessings to refresh our parched hearts. Jesus is the founder of the Sacraments.

Sacraments are the streams that flow from the great source, Jesus.

By receiving the Sacraments, we can obtain God's blessings.

Jesus entrusted the Sacraments to the Church he established.

What is a Sacrament?

Sacrament is a cermony imparting spiritual grace.
Sacrament is defined as outward sign of inward grace, instituted by Christ to help individuals in their spiritual life and growth in holiness.

Sacrament

- Sanctifying cermony
- Instituted by Christ
- Entrusted to the Church
- Visible sign of God's grace
- God's special intervention

Seven Sacraments

Jesus established seven sacraments

- 1. Baptism
- 2. Confirmation
- 3. Holy Eucharist
- 4. Confession (Reconciliation)
- 5. Anointing of the Sick
- 6. Holy Orders
- 7. Matrimony

Sacraments may be divided into two types. How?

1. Sacraments that can be received only once:

Baptism Confirmation Holy Orders

These sacraments leave an indelible mark of the Holy Spirit on our spirit. Therefore, we receive these sacraments only once in our life time.

2. Sacraments that can be received more than once:

Holy Eucharist
Reconciliation
Anointing of the Sick
Matrimony

Holy Eucharist and Reconciliation may be received frequently subject to the required conditions.

Through each sacrament God's grace flows into us. This grace enables us to grow in holiness.

Let us remember the Word of God

"Let anyone who is thirsty come to me and let the one who believes in me drink" (John 7:37-38).



Practice good works

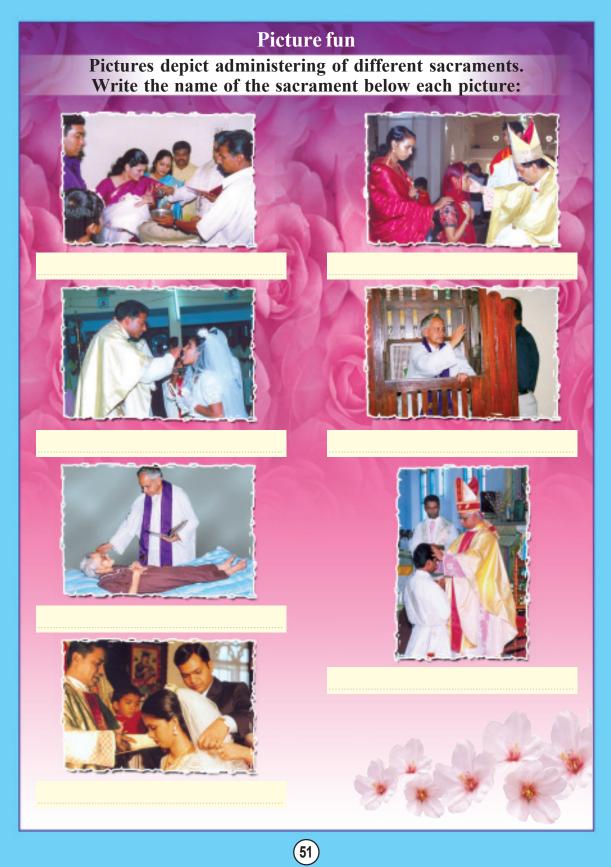
Participate worthily in the church celebrations, especially in the celebration of sacraments.



Let us sing

Bear in mind always,
Through holy sacraments,
Graces we will receive,
And partaking we will grow.

Match the following				
Chrism		Priesthood		
Messiah		Confirmation		
Ordination		Anointed person		



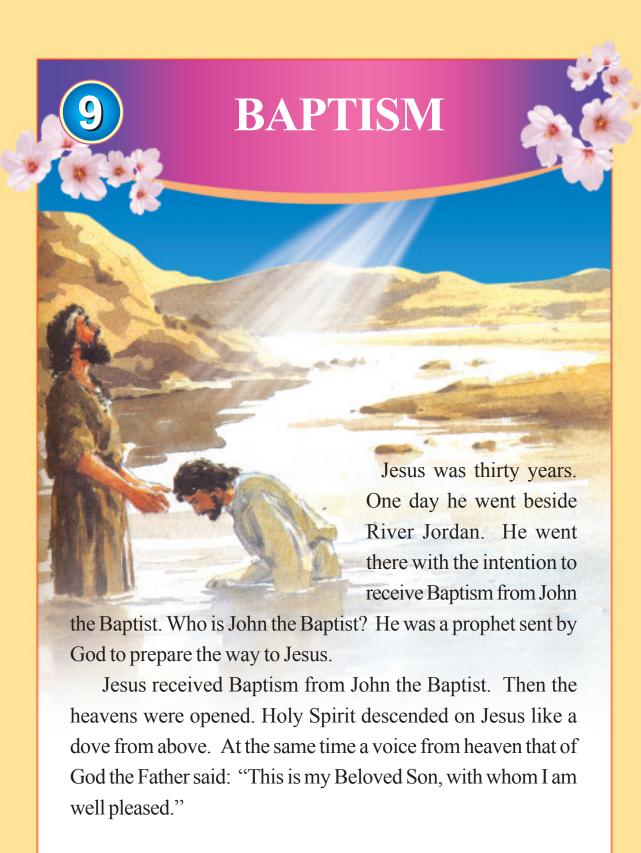


- 1. What did Jesus ask the Samaritan woman?
- 2. What kind of water did Jesus tell the woman that He would give?
- 3. Who established the sacraments?
- 4. What is the meaning of the word 'sacrament'?
- 5. What is a sacrament?
- 6. How many sacraments are there? Name them.
- 7. What are the sacraments you can receive only once?
- 8. What are the sacraments you can receive again and again?

Hail Holy Queen

Hail Holy Queen, Mother of Mercy, Hail our life, our sweetness and our hope! To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, Your eyes of mercy towards us. And after this our exile, show unto us the Blessed fruit of your womb, Jesus. O! Clement, O! loving, O! sweet Virgin Mary.

Amen.



When Jesus received Baptism, he was filled with the Holy Spirit. In the same way it is through Baptism, we become eligible for eternal life.

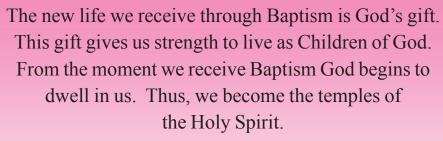
As a result of the sin committed by our first parents we are all born with original sin. It is Jesus who cleanses us from this sin. It is for this reason Jesus instituted the Sacrament of Baptism. Jesus told the disciples: "Go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit" (Mathew 25:19-20).

Baptism is the new birth we receive through water and the Holy Spirit.

Through Baptism we are cleansed of the original sin. We are purified.

We receive Baptism during childhood. On that day, in order to profess our faith in Jesus, our parents and god-parents stand by us. The priest by pouring water over the head baptizes us in the name of the Father and of the Son and of the Holy Spirit. We, then, become the children of God and members of the Church.

By Baptism we become the Children of God and heirs to the Kingdom of Heaven.





Baptism is the sacrament which purifies us of original sin and all personal sins and we become the Children of God and heirs of God's Kingdom.

Let us remember the Word of God

"Peter said to them: 'Repent and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven and you will receive the gift of the Holy Spirit'" (Acts 2:38).



Let us pray

Lord, you who take away the sins of the world, grant me the grace to preserve the gift I received through
Baptism. I humbly beg you to accept my prayer.

Let us pledge

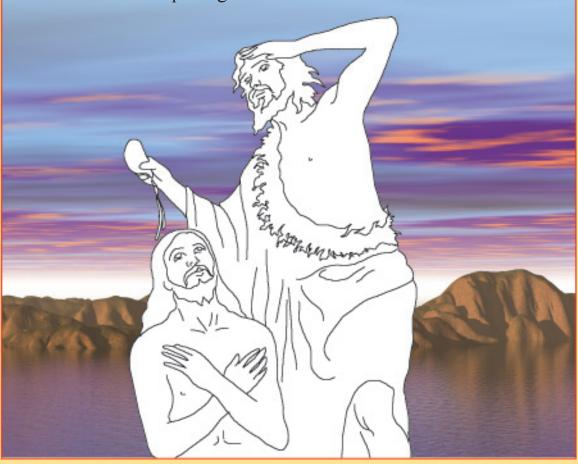
As a child of God I pledge to live in communion with others.

Practice good works

Let us understand the rite of baptism that we have received.

Picture Fun

Here is a picture of John the Baptist baptizing Jesus. You can colour it.





Let us sing

Heavenly Father's beloved children
Through Baptism are we

Together forward moving Church's little lambs are we

God's gift of faith burning bright

Ever preserving are we

Heavenly Father's beloved children
Through Baptism are we



Match the following

Messiah	Gateway to Life
Grace	Prophet
Baptism	Anointed one
John the Baptist	Divine Life

Collect the personal records of your Baptism.

Date of my Baptism

Name of my god-parents



O my God, I am heartily sorry for having offended you and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because I offended you my God, who are all good and deserving of all my love. I firmly resolve by your grace, to confess my sins, to do penance and never more to offend you and to be careful to avoid the occasion of sin.

Amen.

Let us find the answers

- 1. Who baptized Jesus?
- 2. In what form did the Holy Spirit descend upon Jesus?
- 3. What was the voice from heaven?
- 4. What are the fruits of baptism?
- 5. How do we become heirs of God's Kingdom?
- 6. Who do profess the faith on our behalf at baptism?
- 7. What is the sacrament of baptism?



It is very interesting to watch a tender plant grow. Is it not? Tender shoots slowly raise their heads and grow up.

A plant requires not only water and manure but also sunlight for growth.

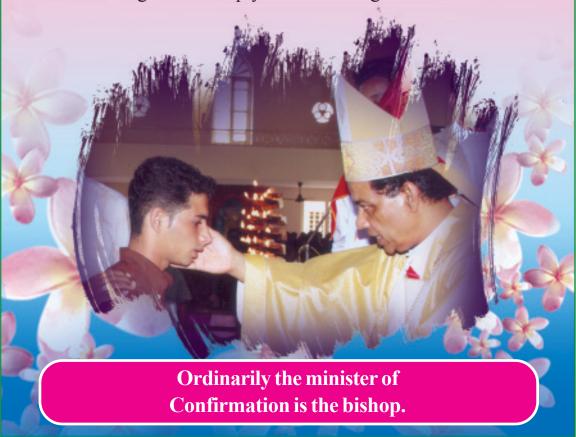
Just as sunlight is required for the growth of plants, the children of the Church require the grace of the Holy Spirit for their growth. When we are weary or exhausted it is the Holy Spirit who will give us the strength to carry on.

We have learnt that on Pentecost Day the Holy Spirit came upon the Apostles and filled them. Then they became strong in spirit and were able to preach the Gospel through word and deed.

Just as the Apostles received the Holy Spirit in a special way, we too receive the Holy Spirit in Confirmation.

Those who become the Children of God through Baptism receive the Holy Spirit in a special way through Confirmation. Reception of this Sacrament makes our bond with the Church more perfect.

Confirmation is a Sacrament which gives us the Holy Spirit in order to strengthen us deeply to do what is good.



When the bishop administers Confirmation, he prays laying his hand on our head and anointing our forehead with holy oil.

The essential rise of this Sacrament is the anointing with Chrism as a sign of firmness in faith.

We can receive Confirmation only once in our life. When the forehead is anointed with Chrism in the name of the Father and of the Son and of the Holy Spirit we receive an indelible mark on the soul.

This is the most important element in Confirmation.

The mark we receive in this Sacrament is the sign of the gift of the Holy Spirit to us by the Father.

Let us sing



Holy Spirit, Lord of light, I adore you. Holy Spirit, Lamp of faith, I adore you.

Holy Spirit, source of Wisdom,
I adore you.
Holy Spirit, our protector,
I adore you.

Let us remember the Word of God

"When the Apostles at Jerusalem heard that Samaria had accepted the Word of God, they sent Peter and John to them. The two went down and prayed for them that they might receive the Holy Spirit" (Acts 8:14-15).





Lord send your Holy Spirit on us to strengthen us to do good to others.

Manager Street

Let us pledge

I promise to preserve the graces received from the Holy Spirit all through my life.





Practice good deeds

Pray always for the gifts of the Holy Spirit.

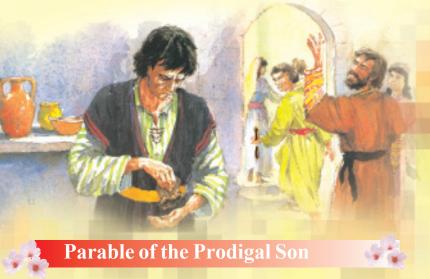
Match the following				
Bishop	Holy Spirit			
Pentecost Day	Baptism			
Priest	Confirmation			
Ma	rk right or wrong			
1. Normally the priest is the r	minister of Confirmation.			
2. The first sacrament we rec	eeive is Baptism.			
3. Anointing of the Sick is a Sacrament that can be received only once.				
4. We receive the Holy Spirit through Confirmation.				
Let us find the answers				
1. Who gives us the strength in times of troubles and difficulties?				
2. On which day did the Holy Spirit come upon the Apostles and fill them?				
3. What do you mean by Confirmation?				
4. Who is the minister of Confirmation?				
5. How many times can we receive the Sacrament of Confirmation?				



SACRAMENT OF RECONCILIATION

Reconciliation means the bringing together of two persons who are in opposed positions. Through sin we distanced ourselves from God. The sacrament of reconciliation helps us to confess our sins and to reconcile with God.

God is our Father. Many a time we have committed offences against our Father. But God the Father awaits the returns of his sons and daughters, who have gone away from him. To clarify this point, Jesus told a parable.



A father had two sons. The younger one said to his father "Give me the share of the property that belong to me." So the father divided the property and gave him half.

He gathered all he had and left his father's house. He lived happily for sometime in a far country. But soon he fell into bad company. He did wrong deeds and squandered all the money.

At that time, a severe famine broke out in that country. He had no food, no clothing and no shelter. He was desperate.

He approached a farmer for a job. The farmer said: "The only

job available here is to feed the pigs." He accepted the job, to take care of the pigs. He was very hungry. He wished he could be given at least a little of the husk given to the pigs to eat. But even that he did not receive. Then he came to his senses. He thought of his father and his own house. He thought of the servants taking care of the pigs there. They were all eating and drinking and leading a happy life. He alone was dying out of hunger. He said: "I will go to my father. I will confess my wrongs. I will request him to accept me at least as a servant." He decided

Without delay he set off for his father's house. His father saw him while he was still far off. He ran and put his arms around him.

to go to his father.

He said: "Father, I have sinned against heaven and before you.

I am no longer worthy to be called your son."

Father's eyes were filled with tears. He caressed his son lovingly. He was very happy at his return. He put a new robe on him, a ring on his finger and sandals on his feet.

He killed a calf and celebrated his son's return. The father said: "This son of mine was dead and is alive again. He was lost and is found."

The Heavenly Father is ever waiting for the repentant sinner.

Contrition is sorrow for sin together with a firm resolution not to sin again.

Contrition is of two kinds:

Perfect contrition and Imperfect contrition

Perfect Contrition

Perfect contrition is a repentance for sin that is motivated by faith and the love of God.

Imperfect Contrition

Imperfect contrition is a repentance which arises from a less pure motive, such as common decency or fear of Hell.

In our lives wrongs and short comings occur.
In those times, we should turn to Jesus. We should be well prepared to receive Jesus.

Just like the prodigal son we should repent for the sins committed.

The Sacrament of Reconciliation
absolves us of mortal sins
and gives us strength to live in
grace. Through this Sacrament not
only our sins are forgiven,
but also we are given the grace to
avoid sins in the future.

Priests as representatives of the Church continue the authority of Jesus to forgive sins. Since priests are the representatives of the Church they forgive sins in the name of the Father and of the Son and of the Holy Spirit.

How to confess?

When we sin we distance ourselves from God and neighbour. Through the Sacrament of Reconciliation, which can be received often, we get the opportunity to repent and confess our sins and obtain absolution.

The sins committed must be confessed to a priest. The priest is bound to keep absolute secrecy regarding the sins confessed.



Before confessing the sins pray 'I confess' (the penitential prayer) and after receiving absolution make the 'Act of Contrition.'

Confession is a very sacred sacrament

For the Sacrament of Reconciliation to be fruitful it is necessary to prepare ourselves for confession. We should examine our conscience in the light of the Word of God to recollect the sins committed. Recall all sins committed through thought, word and deed.

Be sorry for the sins committed and resolve not to sin again. All the sins must be confessed to the priest. Then, listen carefully to the advice the priest gives. The advice will help us to avoid those sins in future. Lying, theft, cheating, vengeance, destroying common property, disobedience, impurity, ridicule, destroying nature, etc. are sins that mislead children.

How to perform atonement for the sins?

The priest gives penance to make reparation for the sins. It is obligatory that we do the penance given by the priest.

In addition to the penance given by the priest, we should also try to make a fitting atonement for the sins.

Let us remember the Word of God

"When you are offering your gift at the Altar, if you remember that your brother or sister has something against you, leave the gift before the Altar. Go first and be reconciled to your brother or sister. Then come and offer your gift at the Altar" (Matthew 5:23-24)



Let us pray

My Heavenly Father, protect me and others from falling prey to vices.

Practice good works

I will be careful to confess all the sins without hiding anything to the priest in confession.

Fun Play

Avoid bad habits

Good and bad habits are given below. Cover the evil habit with black paint.

Love

Impurity

Selfish

Sharing

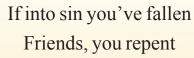
Anger

Forgiving

Obedience

Jealousy

Let us sing



And to the priest you go Confess without delay

All wrong revealing Absolution you can get

Let us pledge

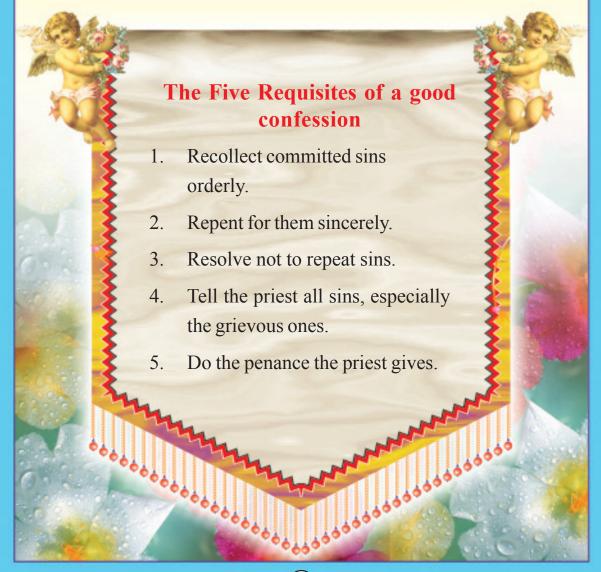
I pledge that if I fall into sin, I will repent and confess my sins to the priest.

I will also try not to sin again.



Let us find the answers

- 1. When we sin from whom do we distance ourselves?
- 2. How does the Sacrament of Reconciliation help us?
- 3. For what does the Father await every minute?
- 4. How did the father accept the prodigal son when he returned?
- 5. What do you mean by repentance?
- 6. What is special about the Sacrament of Confession?
- 7. What have you to do before you confess your sins?
- 8. What are the sins that mislead children?





Who will not be glad to see all the members of the family having dinner together? It is then, that our family can become similar to heaven.

Holy Church is also a big family. Jesus is the Head of this family. Holy Eucharist is the banquet prepared by Jesus for us, his children.



Through this banquet love and friendship of members of the Church grows and deepens.

The greatness of sharing

The wedding at Cana
John 2:1-12

Dinner with Zachaeus

Luke 19:1-10

Hospitality at Martha's house

Luke 10:38-42

Simon's treat

Luke 7: 36-50

Jesus gives us in these events great message of sharing.

The Last Supper

The day before crucifixion Jesus, along with the twelve Apostles, gathered together for the Last Supper. Jesus showed them a great example of love. Taking water in a basin he washed the

feet of the twelve disciples and wiped with a towel. He advised to understand what he had done and serve one another.



Jesus said: "I give you a new commandment that you love one another. Just as I have loved you, you should also love one another. By this everyone will know that you are my disciples if you have love for one another" (John 13:34-35).

Jesus took a loaf of bread and after blessing it, he broke it, gave it to his disciples and said: "Take and eat, this is my body." Then he took a cup with wine and after giving thanks, he gave it to them saying: "Drink from it, all of you, for this is the blood of the new covenant, which is poured out for many for the forgiveness of sins" (Matthew 26:26-28).

After the Last Supper, he gave them a commandment: "Do this in memory of me." The commandment of Jesus is re-enacted in the Eucharistic Celebration. The Apostles received the authority to change bread and wine into the Body and Blood of Jesus. Whenever we partake in the Eucharistic Celebration, we partake in the Last Supper of Jesus.

The Feast of the Passover

The Last Supper took place on the Feast of the Passover. What is the Passover Feast?

The Passover Feast is in memory of the Lord bringing the Israelites from the slavery of Egypt to Canaan. The meaning of the word 'Passover' is 'to go over.'

Jesus celebrated the Passover or Last Supper with bread and wine as a foretaste of his sacrifice at Calvary. He offered the bread as his body and the wine as his blood to his Father. Then he commanded his apostles to do the same. Thus the Last Supper and the death on Calvary became one everlasting sacrifice.

The Sacrament which

gives us the Body and Blood of Jesus in the form of bread and wine is the Holy Eucharist or Holy Communion.

When we receive the body and blood of Jesus in the form of bread and wine in the Holy Communion, we receive Jesus into our hearts. Jesus should be welcomed with great devotion and faith.



First Holy Communion

The day of your First Holy Communion is a golden day which you cannot forget in your lifetime. It is an occasion of joy for us and others. On that day we come in new white dresses looking like angels. At the same time inwardly too you must be humble and full of love. Holy Communion should be received with hands joined, eyes raised, with faith, reverence and joy.

We must try to receive Holy Communion daily to remain united with Jesus.

Jesus likes a humble behaviour and a pure heart more than grand dresses and gold. If we desire to receive the God of Mercy into our hearts, we should be prepared to show mercy to others.

One who receives Jesus has to live like Jesus. We go home with Jesus after receiving the Holy Communion. So you do not forget that Jesus is with you as your Saviour, Master, Protector and Friend.

Those who receive Jesus in Holy Communion should behave as united with Jesus at home, in school and in the Community. It should be seen in our words, looks and deeds. Many should come to know Jesus through us. We should be able to convince others that Jesus is the light of the world.

Let us sing

As bread of life, In Holy Communion, Come Lord Jesus in me, come,

As tranquil light,
As comforting lamp
Shine Eucharistic Lord, in me shine.



Let us remember the Word of God

"I am the living bread that came down from heaven. Whoever eats of this bread will live forever" (John 6:51).



Let us pray

Lord Jesus as bread of life, come into my heart. Teach me to learn from you generosity and to forgive.







Let us pledge

I will preserve the gifts I have received through the Holy Eucharist.



Practice good deeds

I will make it a habit to receive Holy Communion frequently.





Match the following				
Big family		Holy communion		
Holy Eucharist		To go over		
Passover		Church		

Let us find the answers

- 1. Who is the head of the family of the Holy Church?
- 2. What is the model of love shown by Jesus?
- 3. In memory of what is the Passover Feast celebrated?
- 4. What is the meaning of 'Passover'?
- 5. What do you mean by Holy Eucharist?
- 6. Who comes into us in Holy Communion?
- 7. How should those who receive Jesus in Holy Communion behave?
- 8. Who is the light of the world?
- 9. Whom do we receive as Bread of Life?

Patron of Children and Youth



Little Johnny was born in a poor farmer's family. His loving father died when he was two years old. It was his mother Margaret who brought up Johnny and his brothers with love.

Even as a child, Johnny was careful to grow up as a good boy. When he was nine years old, he had a dream. Many children were standing around him. A holy person was requesting him to teach them right and wrong. A beautiful woman in radiating light was standing by, listening to everything. That was the dream.

Johnny spoke of the dream to his mother. It was very clear to her that this was God's divine sign that his son would become a priest.

Even as a child, Johnny knew some tricks. This enabled him to draw many children to him. He showed them the tricks, while making them understand the wonders of God. During the day he grazed the goats and read books at night to gain knowledge. Before long he was the favorite of the children and youth.

(79)

Who is this little Johnny? He is Don Bosco, the patron and guide of all youth throughout the world. He used his life to lead the youth in truth and brotherly love.

John Bosco was born on 16 August 1815 in Turin, Italy. He was called Johnny by his near and dear ones. From his early days he desired to become a priest. He studied in the midst of great difficulties. He used to share all the good stories he read with his friends.

In 1841, Don Bosco became a priest. His first thoughts were how to bring the street children into the right path. To realize this aim, with the help of his mother Margaret, he started a home. His main weapons were love and forgiveness.

In 1854, Don Bosco founded the Salesian Society. In this way he was able to lead thousands of youth to God.

He satisfied the desire of the hearts of the youth with his long service of seventy two years. On 31 January 1888, he bid farewell to this world.

Let us do good like Don Bosco. Through the good works let us also become saints.

Let us find the answers:

- 1. What was the dream of little Johnny?
- 2. What did he explain to the children who came to see his tricks?
- 3. Who is this little Johnny?
- 4. Where was little Johnny born?
- 5. Name the Society founded by Don Bosco?
- 6. Whose patron is St. John Bosco?

Remember

"Walk with your feet on earth, but your heart be in heaven"

(St. John Bosco)